

Greek Community Faces Controversy Over ‘Strolling’

By **ANDREW LADENHEIM**
Staff Writer

Hours before the most anticipated event of Greek Week, on April 3, the brothers and sisters of the FDU community breathlessly prepare their routines. The Meet the Greeks event showcases the frivolity and unity of membership.

Meet the Greeks is also a part of the competitive spirit in the community. Conflict emerged when some of the Greeks were preparing dance performances that incorporated the traditional dance culture of multicultural fraternities. Step and Stroll dance has a unique tradition as one historically performed by black fraternities and sororities at many university campuses.

The issue has become taboo. Members have refused to take part in interviews without anonymity – saying they feared retaliation that could include consequences for their organization, as well as for themselves.

John Fruhmann, president of Sigma Pi was willing to discuss the issue with The Equinox, despite possible repercussions.

When Fruhmann was asked if there was a blanket ban on strolling, he said, “Only if you were not a multicultural frat.

The decision was that if you protest the decision or anything like that you are going to be in danger of suspending your org and we are going to call your national office.”

Although Sigma Pi is not a multicultural fraternity, members still wanted to incorporate the dance in their routines.

“We are taking something they practice and expanding. Take anything, like food, from somewhere else and make it greater; it doesn’t diminish it, just expands it,” Fruhmann said.

“We are not doing something in a negative connotation, we are not trying to outright disrespect something they are doing. It is not like we performed once, we’ve been doing it for years,” he added. “Nobody goes to Meet the Greek to see little skits or tabling or little shows, they go there to see strolling.”

Senior Luis Maravilla, a brother of the Lambda Sigma Upsilon Latino Fraternity, had a different view on the situation. When The Equinox interviewed Maravilla, he discussed the importance behind strolling in his community.

“Because back then slaves weren’t allowed to communicate, or really speak with each other, so that is how

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Students gather behind University Courts for Earth Day Celebration.
Photo by Anthony Covino

Earth Day Restored

Bringing Sustainability to Students

By **CINDY (BINH) NGUYEN**
Staff Writer

A highly-anticipated Earth Day is approaching FDU’s doorstep on April 22. Since 2007, the Metropolitan Campus has participated in an Earth Day celebration hosted by the school’s student-run environmental club, The Green Team, in conjunction with The Green Campus Committee formed by faculty.

From planting competitions to recycling programs, Earth Day events bring awareness to the environment and encourage students and faculty to celebrate the planet. Earth Day is not only a reminder of FDU’s green and sustainable efforts but also an opportunity for students to gather, learn, and adjust their lifestyles.

Last year, however, both The Green Team and The Green Campus Committee seemed to be sleeping on Earth Day. The Green Team was also inactive in other events and activities throughout the year. Since then, rumors have surrounded the campus about the future of The Green Team and FDU’s ecological efforts.

The Equinox interviewed Dr. Alice Benzecry, co-chair of The Green Campus Committee and advisor of The Green Team, to verify the return of Earth Day 2019 and address students’ environmental worries.

When confronted about

the disappearance of Earth Day 2018, which upset long-time supporters and interested students, Dr. Benzecry responded, “Last year was a disaster for The Green Team. For reasons beyond my control, I was not the advisor for the Green Team and the Green Team was basically defunct.”

However, change is happening this year as Dr. Benzecry returned full force, “I finally got a group together reinstated as The Green Team last semester. We are determined to be back on track.”

Earth Day 2019 will be an important mark to The Green Team’s comeback. According to Dr. Benzecry, The Green Team plan to do a campus clean-up and organize a plant sale on Wednesday, April 17, which “[will be] really fun with music, food, prices and a wide variety of plants on sale, from cactus – everyone’s favorite, tomatoes, cucumbers, peppers, to herbs.”

Students are welcomed to join the event, have a good time, and bring home cute plants, all of which are organic, clean, and pesticide free.

Dr. Kent Fairfield, an associate professor of management at FDU, who has been active in sustainable activities for several years, added that FDU Metropolitan campus, with the assistance from Hackensack Riverkeeper, will do a Hackensack River cleanup in celebration of Earth Day.

“Students and faculty can

participate by clearing trash and other debris on the bank of the river or board canoes to collect and remove floatables,” Dr. Fairfield said, “The more hands, the better.”

On the challenges facing The Green Campus Committee and The Green Team, Dr. Benzecry opened up about facility shortage and lack of support that made recycling more difficult. Instead of fighting for recycling, The Green Team would focus on reducing the use of things, especially plastics.

“Small steps at a time,” Dr. Benzecry said, “I want the Green Team to start with minimizing the use of disposable utensils, cups, dishes and bowls at our cafeterias. During Earth Day, we will collect signatures from students to request cafeterias to replace plastics with reusable alternatives.”

Plastic excess is one of the nation’s most pressing environmental issues. Exchange student Clara Bender was surprised at the shocking amount of plastic bags and water bottles on campus compared to her university in Germany.

Bender told The Equinox that plastic is undoubtedly the environment’s number one enemy. Plastic silverware at the SUB Dining Room gave Bender a bad impression of FDU. “It should be the campus’ first priority,” said Bender.

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OPC Chapter at Meets the Greeks
Photo by Manuel Malcampo

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they would. They would use dance to communicate with each other back then,” Maravilla said. “So there is a meaning behind and some major historical significance. We have a reason why we do it.”

Fruhmenn acknowledges the feelings behind multicultural organizations but also feels like something was taken away from his own fraternity.

“I was practicing all semester and so were other groups. They basically had that taken away from them. This is something on campus that not only Greeks should be aware of but the student body as a whole,” Fruhmenn said.

Due to the rules that Greeks are not allowed to discuss this matter outside of their organization, The Equinox interviewed another Greek, who has wished to remain anonymous. This anonymous interviewee is from a non-multicultural sorority.

“We said as a group that

we respect the cultures with backgrounds of strolling. So, when the original decision came that we would not stroll, we said, OK, we wouldn’t with the historical and cultural background associated with the dances. Originally, we weren’t going to do any dancing just go up and give an explanation, but then when it came about that we could [stroll], we decided to do it,” the anonymous student said.

The Inter Greek Council (IGC) is the governing board of fraternities and sororities that oversees all Greek Life at FDU. First, Greek orgs were told they were not allowed to stroll, then that ban was reversed.

In regards to the decision, the anonymous source said, “At the end of the day, they come to a decision, and we abide by it. We do have an IGC which is formally in charge of events like Meet the Greeks, then we have student life, Jocelyn [Moses] and Gaby [Mendoza] who are in charge of overseeing everything that happens.”

Luis Maravilla also spoke

out about the decision. “This wasn’t our decision, this was Jocelyn [Moses’s] to temporarily say that mainstream orgs can’t perform at Meet the Greeks.”

Looking forward at how organizations can be more sensitive and address students’ feelings more efficiently and respectfully, Maravilla said, “Hopefully the town hall addresses the situation. We express opinions and say why stepping and strolling is important. I won’t hesitate to speak at the meeting. No one should be attacked or taking it too over their heads. Hopefully nothing chaotic happens.”

The anonymous source also had advice for the Greek community in the future.

“I think we should take into account and ask people how they feel about certain things. Have open lines of communication, because if we don’t say it upfront, we don’t know how you feel about. And there’s no malicious intent when it comes to things like dancing and so at the end we just hope to build a



Sigma Pi-Epsilon-Xi Chapter at Meet the Greeks
Photo by Manuel Malcampo

better Greek Community among students on campus.”

The Greeks hosted a town hall on April 15 that lasted nearly two hours. The Greeks were supposed to hash out the question: Should mainstream fraternities be allowed to step and stroll?

The meeting drew to a close and the end result was that they would continue to discuss the issue further and render a

decision at a later date.

In the closing remarks at the town hall, an anonymous speaker said, “Don’t go off into your corners tonight and start chatting it up – on your Insta, Twitter, Snapchat and start talking [stuff]. Do your research and gain a real understanding... You can’t understand and respect one without understanding and respecting the other.”



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The Job Market for Graduating Seniors

By **MADISON MARTINEZ**
Staff Writer

Spring has sprung and that means a few things for students: warm weather, finals approaching, and for seniors: graduation. This milestone is important for seniors because it completes their journey through college, but begins their journey into the workforce, and that is already a confusing time.

The diploma in their hands is the key to their career, but what door should they open with it? FDU has the Career Development Center, available to students and alumni and are willing to give the tools and advice needed for every student's path to a successful career.

Christine Vitale, one of the coordinators for Career Development, helps students in all different majors, and when interviewed by The Equinox, she presents some excellent points on students entering the job market.

Students often worry about which markets are growing and which are shrinking, but Vitale has a different way of looking at them.

"I don't really know of any specific areas that, in my line of work, that I would actually say are dwindling," she says. "I would say they are changing."

English and communication majors might be worried about entering the field of publishing or



journalism because of the decrease of consumption of written media. However, these fields are just changing into a more digital age.

"There's another way to look at your field," Vitale says. "You will find a way to fit into the field maybe not doing what you initially thought could be diminishing."

"Students who have an interest in animation may find more work opportunities increasing in video games. As opposed to producing for say TV or film animation. There are growing opportunities in the video game industry and that will continue to grow... those students who have laboratory skills in science will find increased demands in doing their lab work with software as opposed to raw materials," Vitale lists of a few

examples, "There's a growing demand for the digital understanding of programs."

With this change, it's important for students to keep track of the fields they are interested in.

"Scope out career profiles whether they're online or published in books somewhere about what is required in the fields. . . read in your field all the time," Vitale recommends. "That's how you will keep your finger on the pulse of what's happening in the field."

Students need to prepare for this anticipated transition, and Vitale has a few tips on the matter.

"I would first of all scope out what software programs are being utilized in which fields and then try to find online tutorials," Vitale says.

"You may find videos for instance on YouTube that are training videos that an employer may be doing for their organization. Even if it's a little dry at times [you] can get a good feeling of what this software can do. If you watch it enough times, you can become acclimated pretty quickly."

Networking is also a very important aspect of career searching, and Vitale offers a few strategies.

"I think of everything as a networking event. Anything that's labelled as a networking event. If it doesn't cost a lot of money than I think that's one way to do networking," Vitale explains. "Another way to network is by again reading other publications."

"By the time they're reaching their senior year and

looking to graduate, hopefully [students have] been building some networking connections because greater than 90% of the jobs people get because they know people."

Just meeting people, however, isn't enough. Vitale gives advice on what to do after the initial meeting.

"You need to follow up and maintain connectivity with those individuals," she explicates. "Start by having a simple conversation, collecting a business card, writing a follow up thank you letter for the person who spent some time speaking with you. Maybe asking if you can meet with them again to learn a little bit more about what they do or the field. If they talk to you a little bit more, they may have a growing interest in considering you for employment."

The Career Development Center is in the first floor of the Giovatto Library and all students and alumni can receive help from one of its several advisors.

"You have to put every ounce of energy that you have into shaping yourself and your career," Vitale closes with. "Don't think of it as a chore. Think of it as a journey. Think of it more like a treasure hunt. So if you make it your priority you'll find that it's actually a joyful and exciting time."

Earth Day Restored: Bringing Sustainability to Students

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Of course, a problem so extensive can't be solved overnight. Dr. Benzecry told The Equinox that she couldn't guarantee the ban of plastic yet. "The contract is indeed a big obstacle," Dr. Benzecry confessed, "But both The Green Campus Committee and The Green Team are trying, and hopefully, one day, we will be plastic free. Meanwhile, we need to live with that."

Plastics aside, students should cut down on paper and unnecessary things. Escalating consumerism is continually producing more waste, which is problematic on a number of different levels. But perhaps the three most obvious are the fact that waste pollutes the environment, impacts the quality of life on campus and creates a negative image of FDU.

With the return of finals, it is even more crucial to keep the environment unpolluted. A green and clean campus



Cindy (Binh) Nguyen and Alix Battaglini at Earth Day Festival
Photo By Anthony Covino

guarantees students' health and increases productivity. It

is everyone's responsibility to realize this goal.

The Green Team, with the support from The Green

Campus Committee, plays a vital role in turning FDU into a more environmentally friendly campus. The team needs to be more involved and improve the marketing strategy to maximize the reach and attract more supporters. A wider array of green activities will also get students energized about taking care of the Earth.

Every day is Earth Day. Each FDU student should bear this in mind and join hands to better the campus. Small deeds like refraining from using plastic cups at the SUB Dining Hall, renting a micro fridge to store leftovers and decrease the garbage output, cutting down on printings by using online resources, or recycling unused items can collectively make a bigger difference.

"Students' voice is important to make our campus a better place to live and learn," Dr. Benzecry told The Equinox, "We are willing to listen...I can't say enough...We can't do anything without students."

‘The Equinox’ Receives 5 NJPA Awards

By **MAYA PAGE**
Editor-In-Chief

The Equinox is proud to announce its continued tradition of being an award-winning publication, honored by the New Jersey Press Association.

President Capuano has congratulated The Equinox on our awards and continuing journalism excellence.

“This great recognition just confirms what we already know at FDU: The Equinox is an outstanding publication and website, and provides students with an exceptional learning opportunity to cover important stories and help provide our community with the information and knowledge they need to become active and involved members,” said President Capuano.

Competing against



President Capuano with Equinox Staff

Photo by Mo Krochmal

all student-run college newspapers throughout the state of New Jersey, The Equinox received awards in five different categories.

The 2018-2019 New Jersey College Newspaper Contest results:

- General Excellence,

Third Place: Cindy Kim and Maya Page

- Layout & Design, Third Place, “Issue 7, Page 1,” “Issue 6, Page 1”: Cindy Kim and Maya Page

- Overall Website, Third Place: Cassandra Gilbert and Maya Page
- Arts &

Entertainment/Critical Writing, Second Place: “Spider-Man Swings Into the Spotlight,” by Admir Durakovic

- Photography, Second Place: “Beauty of British Columbia,” by Dustin Niles

The New Jersey Press Foundation, which runs the competition, was established in 1962 and is a pre-eminent arbiter of good journalism. Per its mission statement, the foundation seeks “to help develop the next generation of journalists and informed citizens, and to promote the importance of a free press to our democracy.”

These awards are a symbol of our staff’s dedication to great journalism and producing a product that we believe is valuable to the community. As the Editor-in-Chief of The Equinox this

semester, I have watched my team grow and learn from both our mistakes and successes.

Leading a newspaper comes with many challenges, tireless nights, and unpredictable days. However, receiving these honors amongst many other great aspiring journalists at the Awards Lunch on April 13, made me realize that the struggle is well worth the rewards.

It has been a humbling experience not only to be recognized by the NJPA, but to be a part of The Equinox. This experience has been the highlight of my four years at FDU, and although my time as Editor-in-Chief is up, I know that The Equinox will continue its success as an award-winning newspaper next year.

WFDU-HD3 Hosts 24-Hour Vinylthon Event

By **LAUREN BARRETT**
Guest Contributor

The student radio station received a Golden Slipmat Award for 24 straight of vinyl-only programming for the College Radio Foundation’s annual Vinylthon.

On April 13, the student voice of Fairleigh Dickinson, 89.1 WFDU-HD3 participated in the fourth annual Vinylthon in which they programmed with 100 percent vinyl records for 24 straight hours. The event, hosted by The College Radio Foundation, united over 140 college and independent radio stations all over the world, all committed to playing vinyl records on the air.

In the past, the event has been recognized and supported by public figures and artists such as President Obama, Moby, Coldplay, Wilco, Andrew WK, Avicii, The Lumineers, and Wyclef Jean, among others.

Moufatih Muhammad, more commonly known as “Mistah Shofi,” WFDU-HD3 program director, kicked off the event at midnight with Lauren Barrett, known as “Ms. Bee,” who is the host of the Lo-Down. The pair took over the graveyard shift at 12 A.M and went



Ian Ranzer & Naniyah McClain

Photo Provided by Ian Ranzer

through the night until 6 A.M.

This was WFDU-HD3’s first time participating in Vinylthon and for many hosts, it was their first-time using vinyl on the air.

“Participating in Vinylthon gave me an electric feeling,” Mistah Shofi said. “I now have a newfound appreciation for music, considering how far we’ve come. I’m glad WFDU-HD3 was able to be a part of something so amazing. It’s

motivated me to do a vinyl only episode of my student shows, and I’m very excited to get that project started.”

Mistah Shofi returned later for another five and a half hours and was there with HD3 faculty advisor Professor Ian Ranzer from 7 P.M through midnight.

“As a long time vinyl DJ and collector, it amazing to see the HD3 student hosts commit to going for the whole 24



Photo Provided by Ian Ranzer

hours,” Professor Ranzer said. “It was a long day and night of spinning records, but we had a lot of fun.

Many other HD3 student hosts were involved over the course of the day, including James Laughlin aka Jim Grim, Junior C aka Ryan Modica, Naniyah McClean, Sara Perez, G-Minor aka Julian Oliver and Luis Maravilla. The founder of the College Radio Foundation

and Vinylthon, Rob Quicke, also stopped by WFDU to spin records for an hour.

“Music connects everyone across the world and this event not only celebrated good music, but also college radio and vinyl/physical media,” Ranzer continued. “We’re already looking forward to doing again next year with even more student and community hosts getting involved.”

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OPINION



End of a Chapter Brings New Beginnings

By MAYA PAGE
Editor-In-Chief

Caps and gowns, parties and ceremonies, goodbyes and bittersweet moments, graduation season is officially upon us.

On May 21, 2019, seniors will walk across the stage at MetLife Stadium, turn their tassels, and their lives will be forever changed. Graduation is what we have waited for since the beginning of our education. It will be the happiest day of our life...right?

Graduating college is a monumental milestone in one's life, yet I feel an overwhelming lack of excitement. I thought I would be filled with joy, as I had been waiting for this moment and working tirelessly for so many years. But instead, the thought of student loans and job searches and graduate school has squandered feelings of accomplishment.

When we are little, we are often told we can be anything we want to be. In the third grade, I told my teacher my dream is to become a famous author and travel the world. I still have the note she gave me that says, "When you write your first book, make sure to send me a copy!"

As I got older, and the pressures of adulthood took over, my dream felt less and less realistic.

When I started college, I kept asking myself, 'is this really what I want to do? How will I make money? What if I'm not even good at writing?' I became increasingly consumed and distracted with worries and fears of the "real world."

I felt like everyone around me knew exactly what they were doing and were pursuing a career that they were passionate and certain about. I was so focused on what I should be doing, that I forgot about what I wanted to be doing.

As I approach graduation, and the end of my undergraduate career, I ask myself the same questions I did four years ago. 'Is this really what I want to do? How will I make money? What if no one wants to hire me?'

I have accomplished so much in my four years at FDU – editor-in-chief of the school newspaper, graduating summa cum laude, completed a thesis for the University Honors Program, member of Upsilon Omega communication honor society.

Despite all this, there is constant worry about having done enough, which may just be my compulsive perfectionism speaking, but nevertheless is persistent in my mind. I spent so much time comparing myself to my peers, looking at what jobs they have lined up after graduation or where they applied to grad school.

But, what I have learned is

that looking at other people's paths only distracted me from my own.

One piece of advice that I wish I knew sooner, that is applicable to everyone no matter if you are a freshman or senior, is that life is not linear. Everyone has a different path. For some, their path is more straightforward, and for others it is full of twists and turns. That doesn't mean it is the wrong path, it is just yours.

When we are young, we are naïve and oblivious to the hardships of life. We don't understand debt or the declining job market. We are simply full of hopes and dreams and imagination.

It is so easy to become an adult and forget how to dream. Life will get in the way, your inspiration will fade, and you will settle for a job that doesn't make you truly happy.

I don't want that. And that is the one thing I do know.

I had to come to a realization that I don't have the next five years of my life planned out. I don't even have the next year planned out, and that is okay. I have worked so hard and I know that I deserve to be proud of my accomplishments.

School-life is all I know; it is all that many of us know. I have been sitting in a classroom for almost 16 years – that's more than two-thirds of my life. Of course it is going to be scary to go out into the unknown, especially if you are facing crossroads in your path, like myself.

As you enter whatever your next phase in life may be, don't lose your curiosity. Don't stop asking questions, don't stop learning, and don't stop dreaming.

Graduation is not the end, but the beginning.

Is it Really All About Who You Know?

By SAMANTHA HART
Staff Writer

As the Spring semester begins to make its closing gestures, eager students will surely be searching for summer internships. We will all scramble to find the perfect internship, not only to earn experience, but to build our network.

The debate over the importance of grades versus the importance of our network has spiked over the past several years as many are beginning to believe that having a stronger network is more valuable than having a 3.8 GPA.

In terms of careers, having experience most certainly takes the cake.

"Many recruiters ... are much more interested in the experience of a candidate"

than what grades they received or even what university they attended, says Frank Bruni, a New York Times columnist and author of "Where You Go is Not Who You'll Be."

Getting experience, however, can be the most daunting task for recent college graduates. The phrase "you need experience to get experience" sadly rings true for many.

How are we supposed to get experience if we don't have anything to get our foot – or frankly, even our big toe – in the door to begin with?

This poses the question: Is it really all about who you know? Will our family friends, long-lost-but-recently-found cousins, and neighbors from down the street be the ones who first help us get our feet wet in the real world?

"These days, it's not enough to keep your head down and produce A-plus work," says Madeline Bell, CEO of The Children's Hospital of Philadelphia. "You need to connect with others, be vocal about your interests and career goals, and build relationships with people you might not otherwise have met."

The concept behind networking is not new. It's no longer a secret that this strategy is more effective at getting many professional positions than having stellar academics.

So to answer the first question: Yes, it is all about who you know. Having a strong network of people who can vouch for you professionally and personally is what interviewers would like to see most out of their candidates.

To answer the second question: No, our family and friends are not the sole providers of our professional network. We can build our own network through the people we meet.

That being said, what is the best way to network?

"Our comfort level is to network with people we know and like: people with similar backgrounds and points of view," said Bonnie Marcus, writer for Forbes and author of "The Politics of Promotion: How High Achieving Women Get Ahead and Stay Ahead."

"Research shows us that this type of closed network, limits our exposure to people who can offer new connections and ideas."

The following are the best ways to begin building a strong,

meaningful network, according to Marcus:

1)Being clear and upfront about life and career goals. This will help in finding those with mutual values.

2)Build mutual relationships. These are the people who, not only can help you, but who also need your help. This type of relationship can be student/ professor, employee/ employer, player/ coach, or any number of combinations. As long as both parties have similar interests professionally, they can both help each other.

3) Be strategic. This can be regarding which people you choose to be a part of your network or which organizations event you choose to attend. This type of planning takes some time but it always beneficial.

Meet Our Staff

Equinox Staff Spring 2019

Top: Dylan Del Rio, Andrew Ladenheim, Anthony Covino, Mansour Alanazi
Middle: Madison Martinez, Maya Page, Justin Rimpi
Bottom: Katie Hernandez, Cindy Nyugen, Patricia Russell-Deras

To apply for Business Manager in Fall 2019, email resume to Krochmal@fdi.edu



STUDENT LIFESTYLE



Could Legal Recreational Marijuana Use be On the Horizon?

By **PATRICIA RESSELL-DERAS**
Staff Writer

One of N.J. Governor Phil Murphy’s campaign promises was the legalization of recreational marijuana use. Since coming into office last year, Murphy has been pushing to make his promise a reality.

On March 25, New Jersey were supposed to vote on a bill that would have made recreational marijuana use legal. However, hours before the vote was to be cast, government officials cancelled the vote. As a result, the bill did not make it to the floor of New Jersey chambers.

According to The New York Times, the vote was cancelled due to Democrats not being able to “muster enough support” for the bill. Rather than risking a vote,

Gov. Murphy and supporting officials decided to move the voting date.

As of now, a new voting date for legalization has yet to be announced. Gov. Murphy has made it his mission to achieve some sort of progress by the end of May, whether it be as a new legalization bill or an extension on the current medical marijuana laws.

But the question remains, should marijuana be legalized in New Jersey?

Marijuana, also known as weed, cannabis, etc., has been around since before the early colonial times. According to PBS, many founding fathers actually owned hemp farms, and indirectly, marijuana. Marijuana has been part of American culture for a very long time.

So why the bans? And why now the push for



Graphic by Cindy MJ Kim

legalization?

The bans and restrictions on marijuana can be traced all the way back to 1937, due to politics at that time. In order for the government to control the people, laws regarding marijuana use were put in place. Marijuana possession laws kept getting stricter and stricter through the years, until finally all possession and uses of marijuana were

banned under the Controlled Substances Act of 1970.

Since the Act was passed, people have been trying to get it rescinded. Through many decades of protest, and much invested time and data, medical marijuana is once again being considered legal for certain medical issues.

However, that is just about medical marijuana use. What about recreational marijuana use?

It was not until 2012, over 40 years since the Controlled Substances Act, that states decided to once again adopt the policy of legal recreational marijuana use. Colorado and Washington became the first two states to legalize recreational use of marijuana. Since then, more states have chosen to legalize marijuana. As of today, 10 states and Washington D.C.

have legalized recreational use.

The potential job opportunities once recreational marijuana is legalized are endless. According to Forbes, “thousands of jobs are created and millions of dollars are produced” in a legal marijuana market.

Forbes also predicts that by 2027, consumers will spend \$57 billion on the legal cannabis industry worldwide. With that potential revenue and job opportunities, it is no wonder why Gov. Murphy is pushing New Jersey legislators to legalize recreational marijuana use.

Only the next two months can tell whether government officials will finally bow to this new bill or continue to oppose it.

Greek Week as Told by Greeks

By **ELIZABETH SCALZO**
Staff Writer

Spring Greek Week at the Fairleigh Dickinson Metropolitan Campus has always been an exciting time. Organizations are showing off their new members, competing on teams together, and most importantly representing their organizations. As a new member myself I was excited for all of the activities that were to come during the action-packed week.

Starting Monday April 1, the Greeks were split into three teams for window wars which was held at Riverside Café. All day members from each organization were in and out of Riverside working on their windows. The windows must represent each organization.

The second day of Greek Week was a day for organizations to set up tables in the Student Union Building (SUB) and talk to students about their organizations. This is also a time for all of the Greeks to see one another all in one place which rarely happens.

The third day of Greek Week was the notorious Meet the Greeks event. The event is high energy with each organization introducing themselves and a brief description of what they do. Then, the real fun begins after

the introduction.

Each organization performs in some way whether it be dancing, strolling, or stepping everyone leaves the crowd roaring in applause. Meet the Greeks is by far one of the highest energy parts of Greek Week.

The fourth day of Greek Week consisted of a Greek social media takeover. On Thursday April 4, Greeks went to different offices all over campus to visit, explain the services offered there, and give back to the FDU community.

Finally, it was Saturday April 6, and the highly anticipated event, Greek Ball, was upon us. Greeks from every organization showed up to check-in and headed out to Greek Ball. The Ball consisted of dinner, awards, and lots of dancing.

The most exciting part of the night was the awards. There are awards for academic excellence, community relations, outstanding philanthropy work, and chapter of the year that are presented first. Chapter of the year went to Lambda Sigma Upsilon (LSU) and this was not the last of their awards. Man of the year went to Luis Maravilla from LSU. Women of the year went to Yani Horge from Omega Phi Chi (OPC).

Most likely to stroll was taken by Jamill Gemosen from LSU, most crafty was awarded to Cameron Sabatino



LSU Ciguayo Chapter at Meet the Greeks

Photo by Manuel Malcampo

and Jordyn Dean both from Alpha Sigma Tau (AST), and cutest Greek couple awarded to Jessica Samburchan from OPC and Shawn Ajavon from Alpha Phi Alpha.

After the awards, the Greeks danced the night away. The night included a mix of the top hits, Spanish music, and several throwbacks to the earlier 2000s.

Greek Ball is an experience like no other and is definitely appreciated by the Greek community as a way to come together and celebrate the hard work that each organization puts in all

year long.

After interviewing several members from just about every Greek organization on campus, it is safe to say that there are a few things that the entire Greek community looks forward to during Greek Week.

Jessica Samburchan from Omega Phi Chi Multicultural Sorority said, “I love seeing everyone in the Greek community repping their letters and coming together to celebrate our organizations that we work hard for all year long.”

Jamill Germosen from

Lambda Sigma Upsilon Latin Fraternity Incorporated said, “My favorite part is the social media takeover because it gives us a chance to give back to the community at FDU.”

Overall, my first Greek Week as a Greek was a really fun experience. Getting to know people from different organizations that I might not talk to normally helps me to expand and grow as a person. My favorite part of Greek Week was getting to meet people from other organizations and come together for something that is much bigger than ourselves.

Brier Rose’s Brilliant Bookstore Cedar Lane’s Hidden Treasure

By **LIANA IMPARATO**
Staff Writer

Cases of worn and weathered books stonewall customers at the entrance of Brier Rose Books. They overflow from the differently-sized cases, line the tops of shelves and tables, and even surround the owner’s desk like a barricade.

Outside the walls of Brier Rose, Cedar Lane bustles with activity. Cars whiz by, some honking their horns, and pedestrians frequent the streets. But the bookstore offers a sanctuary of tranquility, which owner Howard Rose says is intentional.

“It enables you to come through the door and leave Teaneck behind,” Rose says. He turns his nearly-bald head to survey the store, his hands folded in his lap. “It’s a different environment.”

Rose started the bookstore on Cedar Lane nearly two decades ago, fresh out of a 25-year-long career in college administration. Though the store at one time had another location, Brier Rose Books has been a fixture at 450 Cedar Lane for 19 years.

The red-bricked storefront is sandwiched between a Kosher bakery and Kosher restaurant. Brier Rose Books provides a change of scenery, a refreshing deviation from the dozens of restaurants and bakeries that line Cedar Lane.

The interior of Brier Rose Books takes Rose’s characterization of “different” even further. The mismatched shelves, some of which are coated in a thin layer of dust, construct the store’s narrow, snaking aisles. Each case belches out books of all sizes, with subjects ranging from the Civil War to children’s stories.

A selection of cases tucked away in the back of the shop offer dollar books. From the front of the shop to the nook in the back, knickknacks and artwork occupy every inch

of free space on the walls and shelves, and the lazy whirl of a fan offers faint background noise in the generally quiet store.

The unique design and thousands of stories make it exactly the kind of enchanting environment that Rose wanted when he started Brier Rose Books.

“Literally, it’s made the way I envisioned it the day I rented the place,” Rose says as he leans his small frame into the canvas-backed chair. “I had a good feel for how a bookstore should look – or how I felt comfortable with how a bookstore should look.”

The maze-like aisles eventually lead to the heart of the store, where, smack in the middle of the shop lies a rectangular-shaped space, with the owner’s desk on one side and a sitting area opposite it. The front desk, blockaded by books, houses small display cases of trinkets for sale.

books in print],” Rose explains in his subdued, thoughtful voice. Of the packed shelves, he says, “All the books are exactly where they should be.”

The 19 years of singlehandedly running Brier Rose Books has enabled Rose to establish a logical order to the layout of books. All are organized by subject, then most are alphabetized by author and title. Some books are partnered together solely based upon the size of the book and the size of the shelf. The system ensures that the mass of material is “retrievable.”

The years of honing his craft have also allowed Rose the time to compile an extensive collection of books that he has not yet put out for sale. He keeps a vast assortment of books in storage. The stockpile has grown in several different ways. Rose has bought them from different stores,

through [the store],” he says, then remarks in a joking moment of self-deprecation, “I probably

He describes that initial career path as a “fluke,” though assures that he liked the work.



Photo by Liana Imparato

“It enables you to come through the door and leave Teaneck behind,” Rose says. He turns his nearly-bald head to survey the store, his hands folded in his lap. “It’s a different environment.”

- Howard Rose

Parallel to the desk is the sitting area, complete with couches, a pair of wood and canvas folding chairs, and a chess board.

And, of course, stacks upon stacks of books.

But to call the store cluttered would be to miss the inherent charm and pull of the busy space. Its swarm of readily-accessible reading material makes the shop what Rose calls “a browsing store.”

“It makes it much more enjoyable [to have

while some people come to the store to sell him their books.

“If you’ve ever been to a place where there are books, I’ve been there but a whole lot more often,” Rose says with a dry laugh. “I go to people’s homes, people come here, I travel to other places...”

And for the books that do not head to storage or find their way into the limited shelf-space, Rose keeps for himself.

“I get first dibs on whatever comes

have an excess of [my own] books at this point.”

He classifies his reading preferences as “anything that catches my eye,” though he particularly likes to read about history. However, Rose recalls spending birthday money in his childhood to, in part, fuel his interest in a vastly different area of literature.

“I remember at an early age getting birthday money and spending it partially on cowboy boots, and the rest on a couple of books. I remember that it was a Tom and Jerry book – cartoon characters – and Daniel Boone,” he says. His thick, graying mustache twitches as a wistful smile quirks his lips upward. “I’ve been reading ever since.”

Before he surrounded himself – literally – with literature for a living, Rose made a career in college administration. He worked as the director of student financial aid at several institutions, including Fairleigh Dickinson University.

But Rose still prefers his current job. He regularly participates in community service in Teaneck, a practice he has maintained for many of the years that he has run the business. Among his titles in community organizations, Rose has served on the Teaneck Planning Board and as a trustee on the Teaneck Board of Education. The flexibility, he explains, is one of the many upsides of his job.

“I determine the hours that I’m open,” Rose says. “I take advantage of not being here when I don’t want to be.”

He claims that “there really is no downside” to his work. Rose likes to be at the shop on the six days of the week that Brier Rose is open, and he enjoys the one-man-show nature of the store.

“I’m here because I like to be here,” Rose says, then pauses a moment before he says in a slow and reflective voice, “It gets betterer and betterer.”

CONGRATS GRADS!



Ankoma Mitchell

“After graduation I will look for a full time job to be able to support myself and my family. I am going to miss my friends, and the fact that I can wake up and my friend is like two feet away from me or next door to me.”



Brianna Wedding

“I’ll be coming back here in the fall for a Master’s degree in forensic psychology. But once I complete my Master’s, I plan to go home and find a job. I am definitely going to miss the people, the faculty, staff, students and my residents. I am definitely going to miss all the friends I’ve made.”



Kimberley Weaver

“My plans for after graduation are to find a full time job in my teaching field, which is high school english. I’m really excited for whatever comes next. I am going to miss living with all of my friends and a community of people right at my disposal. There’s nothing quite like college were all of your friends live in the same place as you.”



Lisbeth Taveras

“I’m doing an internship now to see if I can get a job in the Paterson district. Also, I’ve been applying so we’ll see if I get to work in a District soon. I am going to miss the people, the friends you make and you see them everyday.”



Left to Right: Carly Edelman, Moufatih Muhammad, Lauren Barrett, Ryan Modica

Moufatih Muhammad

“After graduation I want to continue down the radio path so I’ll probaly work out of a radio station for about a year. In hopes to come back to do my Master’s degree. I am definitely gonna miss the community vibe, especially at the radio station. We’re all just like a big happy family.”

Lauren Barrett

“After graduation, I am going to be looking for graduate programs at certain companies, or I’m going to be looking into externships, which is basically an internship but outside of college. But my ultimate goal is to work for the WWE. I am gonna miss my professors and my advisors, and I am definitely gonna miss all the friends I made. Especially everybody at WFDU.”

Current Trends in Photography



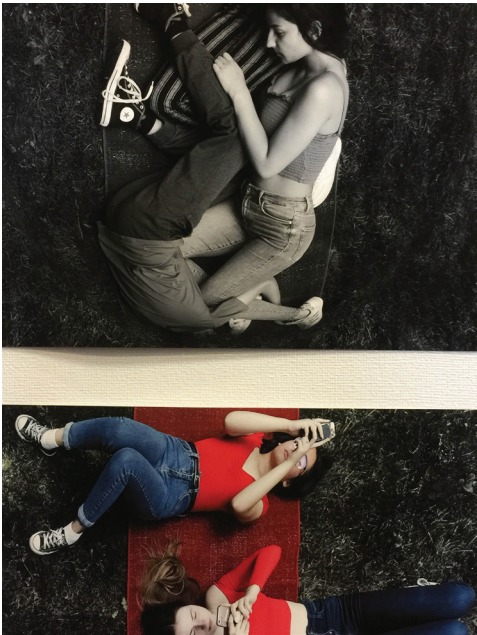
By **CINDY (BINH) NGUYEN**
Staff Writer

At the Photography Exhibition at Edward Williams Hall, FDU displayed Gregory Giannantonio’s 35mm film prints “Silvered Past” and the Red Carpet Series by Paul Leibow and James Leynse.

“My work represents a cinematic mindset rooted in black and white 35mm film,” Giannantonio said, “I shoot from the heart and capture all

that interests me. The photographs displayed span over five years in several different countries and states.”

Speaking about the Red Carpet Series, Leibow and Leynse said, “This exhibition has been formed by our very human desire to create real connection. Through these images, we explore fame, isolation, popularity, happiness, and the true authenticity of one’s persona.”



Building a Responsible and Knowledgeable Community

By **ANDREW LADENHEIM**
Staff Writer

If you care about any social or political issue right now, the Network for Responsible Public Policy is the place to be. This organization is dedicated to improving the quality of information that the public consumes.

College students stand to gain the skill to smash through uninformed arguments, and wield rhetorical devices effectively, to take a stand. They will learn about the pressing issues from a cast of top professionals.

Past speakers included, Joseph Stiglitz, Jonathan Heights and David K.

Johnston. The next upcoming presentation is at 7:30 P.M April 18, 2019 in the Wilson Auditorium, hosted by Dr. Joel Cantor. The topic is on universal health care.

The NFRPP has been presenting monthly programs at FDU for years, and is gearing up for a major expansion of its programming. Top issues for students include criminal justice reform, constitutional challenges, income inequality and student debt. This programming gives attendees quality information, with the tools to converse on the issues with refined arguments.

The chairperson of NFRPP, Rhoda Schermer, told The Equinox that the

single most important issue for students to confront is fake news. Because NFRPP is focused on better information, the rising phenomenon of “fake news” unsettles Schermer.

“People are getting better at discerning fake news, but does the public care if a story is real or not. Do facts matter in a democracy?” said Schermer. “Students have several steps to becoming media literate, first, is to have to take time to find out what’s going on, then assess different views and finally determine where they stand.”

Building a useful base of knowledge requires a strong foundation, but Schermer points out that some resources are easily

accessible.

“We found that many students do not understand the “isms” (communism, socialism, capitalism), so we are hosting a forum to more clearly explain these concepts. These are complex issues that require nuance,” Schermer continued.

“Our website, nfrpp.org has videos of our past lectures that could be of great help in building the understanding of issues and argument. Consuming information intended to positively inform reveal negativity and bias in other media.”

When asked how students can get involved, Schermer seemed eager to offer several avenues.

“We invite students

to attend the events, and learn about these issues, but also to participate in the discussion. NFRPP also has internship opportunities where students will be able to build their resume as they help our non-profit to research issues. There are events that take place at other venues as well. We are interested in having students input on which issues to pursue next semester.”

Interest group activism, advocacy for social policy and community building are learnable skills, and the best way to develop competency in skills is to practice.

For more volunteer, intern or research opportunities, contact: Rhoda@nfrpp.org.

Welcoming the Class of 2023 on Admitted Students Day



Sierra DeAngelo, Biology Major
“I chose FDU because I am playing basketball and I enjoy the team. I stayed a couple of nights with the team and I toured the school, and I just fell in love with it. I am looking forward to the season and playing with the team. I’m also looking forward to taking Biology classes and other courses.”



Kyle Greulich, Communication Major
“I chose FDU because I just thought it was a good fit. I checked out the other campus in Florham, but this one had more of the departments that I wanted with communications and sports media. It’s also pretty close to home and I wanted to stay local. I am definitely looking forward to getting involved with some of the sports media, especially with the basketball team. It was pretty fun watching them in the tournament this year.”



Ryan Widmeier, Criminal Justice Major
“I chose FDU because it’s not far from home and I thought it was a really small school. I like small schools. Also, I am coming here to play baseball. I’m looking forward to making new friends, having fun, and winning baseball games.”



Bethany Hinojosa, Forensic Psychology Major
“I chose FDU because I know someone that already goes here and she recommended it. Also, this school is known for forensic psychology. I am looking forward to learning more about forensic psychology here at FDU.”



Paul Vittoriosa, Criminal Justice Major
“I chose FDU because I liked the campus. You’re not just a statistic here. I look forward to meeting new people and doing new things.”



Carlos Cusco, Criminal Justice Major
“I chose FDU because it shows me a lot of opportunities to grow, not just in the school but within the community as well. It shows a lot of internships and volunteer programs, so I really want to get into it. I am wanting to get involved in SGA, I hear that it’s very beneficial.”

All photos and quotes provided
by Patricia Ressel-Deras

Tips For Beating Finals Season

By **KATIE HERNANDEZ**
Staff Writer

Before summer begins and students turn on vacation mode, there is still work to do to prep for final exams. Nothing is more stressful than having to prepare yourself to take four, or more, different exams for different classes. Here are just a few helpful tips to make the last week of finals pass a little faster and be less stressful:

1.) Organize yourself: Planning ahead is a good thing to do, especially when you have to study for a different exam each day. Make a schedule, and follow it, for what you want to study each day. This way when it comes to taking the exam you can have confidence in passing.

2.) Don't skip your sleeping schedule/ meals: Many college students no longer have to live under the rules of their parents. It means getting up early and eating three courses a day, most likely gets thrown out the window. However, what many young students don't realize is that they're

just causing more stress on themselves. Even though you don't have to wake up everyday at six in the morning, it doesn't mean that you should wake up at three in the afternoon either. Keeping the same sleeping schedule, even on weekends, is important. Also, remembering to eat should be top priority for a college student, otherwise their appetite will distract their mind while studying.

3.) Reward Yourself: Even though studying 24/7 seems like the ideal way to pass an exam, it's actually not a good thing. The only thing that will come out of it is getting your brain fried. It's mentally exhausting studying for hours, so a good thing to do is reward yourself each hour you're studying. A reward could be something like enjoying a snack, or having 15 minutes to yourself, which can release the tension that you are feeling.

4.) Hang Out with Friends: Friends are good to have because they distract you from events that are stressful in life right now. Plan study groups together can help each other

out. Or you can do something fun with them, like going out to dinner, watching a movie, or crossing out something from your bucket list. Have a "Stress Relieving Day" before your exams.

5.) Exercise: Exercising is probably the least favorite thing to do for some students. Hitting the gym can also be the last thing that people are worried about since finals are coming up. However, getting up and blowing off some steam can help yourself mentally and physically.

6.) Remember You Are Not Alone: Even though it may seem that the whole world is falling on top of you, its not. The fact is that people can handle stress differently. Everyone is stressed out about exams and it's okay to admit when you need help. Don't be afraid to just pick up the phone and call someone you feel close to and tell them how your feeling. Also remember that FDU does offer FREE counseling and just because it's the end of the semester doesn't mean that it's too late to drop by.



Photo By energeticnutrition.com



Graphic made by [Maya Page](#)

Ideas for Checking Off Your Summer Bucket List

By **KATIE HERNANDEZ**
Staff Writer

The semester is coming to an end, and for the class of 2019, they're just one step closer to the adult world. For the rest of undergrads, they're looking for summer jobs and internships. They just can't wait to start planning what to do this summer.

This also means all the resident students have to start packing to go back home or move in to their new apartment. However, students also have to start saying goodbye to their new/old friends that they meet in college.

Saying either, "Goodbye! See you when school starts again!" or, "Goodbye! I'll skype/text/call you," because they live too far away.

Everyone is closing a chapter and ready to start a new one. There is no better beginning then fixing up that old bucket list and start checking something off during the summer of 2019.

If you're someone who loves learning try: picking up a new language, going to a museum, or pick up a book and set a new reading goal.

If you want to plan something fun with your group of friends: Go hiking, visit the Grand Canyon, camping in the woods, or go to a state fair and visit other ones nearby too. You'll learn that each state has different customs, food, and the way people say things can be different too.

Even if you aren't a traveler, now is a perfect time to get a chance to:

visit all 50 states; learn what each state makes them unique. Fun fact, there is at least one Starbucks in each state. Now would be a good opportunity to collect all the mugs from each state.

If you're someone who enjoys a good car ride and has never been to the other side of the coast. Why not take a trip there? Find out how different it is to live in the East and West coast.

If you're someone who wants to get out of their comfort zone and be a little more adventurous, visit another country like Mexico, Canada, China, etc. Try backpacking if you want to experience living in the moment.

However, the most important thing to remember is that a bucket list is your own bucket list. It doesn't have to look like anyone else's. It can be simple things like, having a water balloon fight, watching the sunset or sunrise, doing laser tag, visiting an animal shelter, or sleeping on a trampoline. It's the little things that should matter to a person.

Lastly, the one thing to remember is that a bucket is just a bucket list. It doesn't always have to be completed because there are many summers to come. And if you're someone who has already completed you bucket there are still infinite things to accomplish. Climbing the tallest mountain or swimming in the great barrier reef; a bucket list is truly a never ending list.

ENTERTAINMENT



The University Players’ Emotional ‘Antigone Now’

By **ELIZABETH SCALZO**
Staff Writer

The University Players is a theatre club open to students, faculty, and alumni at the Fairleigh Dickinson Metropolitan Campus. The organization presented the show ‘Story Theater’ during the Fall semester, and has wowed their audiences once again with their Spring production of ‘Antigone Now.’ The show is a more - modern rendition of the classic Sophocles’ play, Antigone.

The show lasted for about one hour, bringing the audience into the crazy world of Thebes in the midst of the war between two brothers who are fighting for the throne. The brothers Polyneices and Eteocles end up killing one another in battle which leaves the thrown to their uncle Creon who creates a law that Polyneices can not be buried because he was the cause of the war.

Antigone in The University Players

performance was portrayed by Taylor Hayman. Antigone is seen as the problem child and the rendition by Hayman was spot on. Antigone goes ahead and buries Polyneices anyways because he is still her brother and is then sentenced to death by Creon.

Creon, who was portrayed by Zachary Savage, had just the right amount of coldness towards Antigone in his performance. Once Antigone was sentenced to death and injected with a lethal potion, Creon gets word that his son Haemon has killed himself because he was in love with Antigone and did not want to live if it meant living without her. Creon’s wife then also commits suicide because she believes she has no purpose as a mother with no children.

At this point, Creon realizes he has no purpose in the world and decides he needs to save Antigone from death, but she is already gone. This part of the performance is when the show began to get emotional because Creon realizes he



Bottom: Madison Martinez, Taylor Hayman, William Henri.
Top: Angie Perez Garcia, Zachary Savage, Stephen Trombetta, Thomas Swanzey, Athos Vardouniotis

Photo Provided by University Players

lost everything.

The most emotional part of the performance was at the end when Ismene, who is Antigone’s sister, tells her how she watched her take her first breath and not Polyneices, that he was not even there for her birth, but she was willing to die for him and not live for her. At this moment, many audience members were left wiping away tears.

After the show concluded, The Equinox interviewed Hayman about the struggles she faced during the show. Hayman started with The University Players last year as a freshman after having the leading role in her final musical in high school.

Hayman said, “My biggest issues had to do with costuming, but as far as the show at the end everything

moves at a fast pace and I had lines in-between everyone else’s and those lines were the hardest to remember.”

The University Players never seem to disappoint their audiences even though they may have struggled throughout their rehearsal process. Every semester brings anticipation and excitement to see what they bring to the stage next.

Yoshi’s Franchise Expands with Crafted World

By **DYLAN DEL-RIO**
Staff Writer

Ever since his introduction in the 1990s, the character of Yoshi from Super Mario World cemented himself as a staple of the Mario series and became a fan favorite among the Mario cast.

His popularity led to Yoshi leading his own series of spinoff games starting with Super Mario World 2: Yoshi’s Island. In 2015, the Yoshi series went through major visual changes with Yoshi’s Woolly World, which was set in a world where all the characters are composed of yarn and cloth.

The game was lauded for it’s visual style and, as a result, the game’s sequel, Yoshi’s Crafted World, was made to feature a similar style of gameplay and visuals.

Like most games in the Mario Franchise, the story of Yoshi’s crafted world is simple. The game starts with Yoshi’s lazing around a magical stone, Baby Bowser and his caretaker, Kamek, try to steal the stone, but in the struggle, the stone scatters into several pieces that is sent flying to various locations across the land.

The Yoshis set off to

recover the pieces of the stone while dealing with whatever Baby Bowser and Kamek throw at them.

The gameplay is similar to Woolly World, where you control one of the Yoshis on a 2D plane and have to make it to the end of each level. Along the way, you can get eggs from spitting flowers, polka dot boxes, and eating enemies.

One new feature in this game is that Yoshi has the ability to throw eggs into the background at items and enemies, which is needed to get all the red coins and smiley flowers. Some levels also add a mechanic that shakes things up.

For example, there are several levels where Yoshi is aided by his pet Poochie, who can be used as a platform and plow through otherwise invincible enemies. One level has Yoshi pilot a giant robot of himself, another has Yoshi on a plane and he has to stand on different parts of a plane to elevate or descend. These more unique levels are sprinkled throughout the game and it helps keep things interesting.

The most notable thing about the game is its presentation. The whole game is presented like a cardboard



Photo By Nintendo

diorama. Clouds are held up with strings, platforms are made out of tin cans, and boxes of cookies and bosses are introduced via a stop motion animation that shows them being formed. It really sticks to this gimmick throughout and it gives the game a very unique charm.

The only main sticking point in the audio/visual department is the music, some of the level themes have this really high pitch flute playing in the background and it’s quite unpleasant to listen to.

The game itself is pretty easy-going. Getting to the end of most levels is a relatively easy task and you have unlimited lives, so you never have to worry about a game over. The real challenge of the game is finishing every level with 100 percent completion, in which you have to find every smiley flower, all 20 red coins, and finish the whole level with full health.

Normally, this isn’t a problem since you’ll naturally find enough flowers to progress, if you keep your eyes open.

When it comes to unlocking the secret levels, that is when you will struggle to collect these flowers.

The most infuriating ones to get are located at the end of a level that involve using your eggs to hit a bunch of enemies in the background. If you make a mistake, you don’t get a second chance and will have to redo the whole level for another shot.

Another annoyance are the levels featuring Poochie. Throughout these levels, you use the “dog” as a makeshift platform to ride across lava and poison lakes. The problem is when he is carrying you he is always on the move and you have to position yourself on his head to get him to move in different directions.

As a result, it is really easy to fall off and if you’re trying to get to the end of the level with full health it can be very stressful.

While going for 100 percent is difficult at times, the rest of the game is a very mellow, charming experience. In fact, it can be an excellent game for kids who are interested in the Mario series but are intimidated by the challenge of some of the older games.

Khalid's New Album Tops the Charts

By ELIZABETH SCALZO
Staff Writer

On Friday, April 5, Khalid released a new album titled 'Free Spirit.' According to Billboard, the album debuted at No. 1, which is Khalid's first full album chart topper. The R&B album is said to be the first in almost a year to top the charts.

Khalid recently collaborated with Shawn Mendes on his self-titled album in the song “Youth.” The R&B artist’s true tones showed through on the song and made many fans even more excited for his third album release. The album includes 17 new songs that all have a slow R&B vibe and are perfect for studying or hanging out with friends.

As true to most R&B albums, the majority of the songs have a slow pace with a repetitive chorus and a few simple hooks. Some of the songs however stand out more than others, such as 'Don't Pretend' featuring SAFE. This song has a more acoustic feel and is different than all of the songs that prelude it.

The majority of the song's lyrics follow the concepts of love, heartbreak, and the things that go along with relationships - like someone blowing up your phone or not being able to get someone off your mind. One of the most lyrically different songs is 'Hundred,' which relates to

the fast-paced lives we live and having one hundred things to do in a day.

The song the album is titled after, 'Free Spirit,' talks about wanting a forever, but being a free spirit by living with no regrets. This is incidentally the overall point of the album. Even though so many things happen in life and you may fall in and out of love, it is not worth it dwell your life away on it and regret things.

The end of the album is about self-reflection and that it is okay to not be that free spirit all of the time. In the song titled 'Self,' the lyrics reflect bettering yourself and changing yourself because you want to be a better version of who you are now.

Overall, Khalid's message is about how things in life can become overwhelming, however sometimes you have to let your worries fly away. Sometimes you just need to focus on more superficial things like just being a free spirit every now and then.

The powerful artist leaves each song with an individual message which becomes more serious as the album continues on. The final song titled 'Saturday Nights,' wraps up the concepts of love, struggle, and growing as a person all into one.

Khalid once again leaves his fans excited and enjoying new music with a deep meaning.

Movie: 'Walk. Ride. Rodeo.' Leaves Audiences Inspired

By **JENNIFER MALTI**
Staff Writer

“Walk. Ride. Rodeo.” tells the inspirational true story of barrel racer Amberley Snyder. Netflix released the film on March 8, 2019 as a Netflix Original.

Amberley Snyder is a famous barrel racer who had her life set on the rodeo until Jan. 10, 2010 when she faded out of her lane passing through Sinclair, Wyoming, heading towards a metal beam. In an effort to make it back into her lane, she overcorrected and caused her truck to roll, ejecting her from the car. She was launched from the vehicle and slammed into a fence, breaking her back, immediately losing her feeling in her legs.

This film tells her story right before that accident and her journey after. Amberley Snyder is played by actress Spencer Locke.

The film starts with Snyder winning her first competition riding her horse named Power. Snyder realizes that this is her

passion, and tells her mother how she really has a shot at qualifying for a competition.

As she is on her way to another competition, she fades into the other lane and as she tries to get back in her lane, and ultimately gets into an accident. The film includes incredible detail of this experience where most films would skip over it, leaving the audience to truly see the horrific accident that she endured.

The audience next sees Spencer Locke's portrayal in the hospital. She comes to find out that she no longer has feelings in her legs. Her mother comes in to the hospital room and comforts her child. After they both share their collective amount of tears, Snyder wonders about her future in riding.

She is greeted by a nurse played by Sherri Shepherd who shows her in a wheelchair which at first, she is reluctant to use. When first began going through physical therapy, she is greeted by her trainer, played by Corbin Bleu, and he asks her what her goals are.

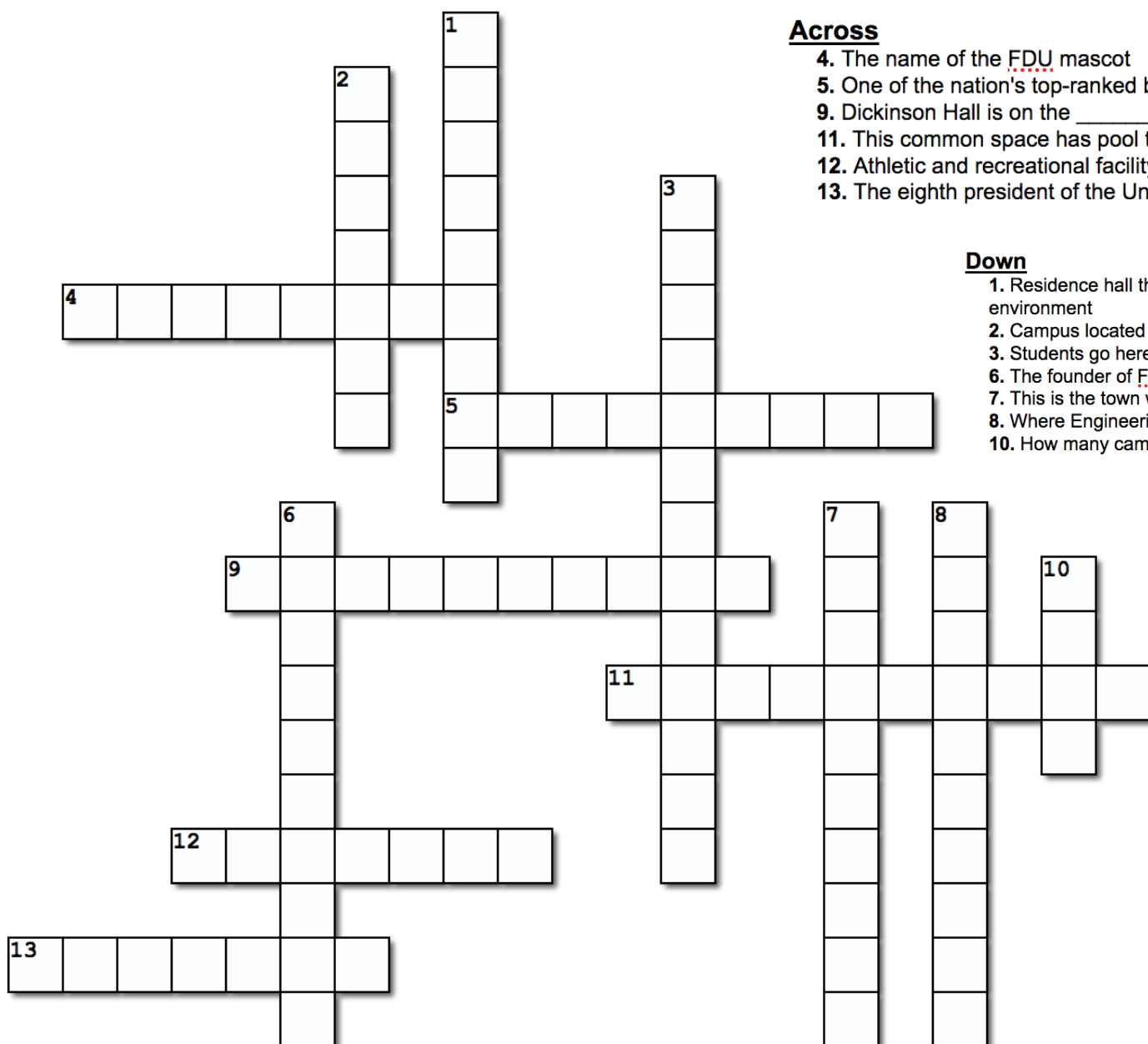
She answers with “walk, ride, rodeo,” which alludes to the title of the film. Even though she is frustrated with her progress at first, she powers through it enough to be able to go home.

She gets home and is greeted by her family and friends. She still wonders about her future on riding as she looks at her horse Power. She begins to become determined to learn how to ride again without using leg and foot cues as well as becoming comfortable with the idea of being on the saddle again. After a few bad tries, she figures out a way to get back to where she once was.

The real Amberley Snyder actually contributed to the film by being there on set every day to teach Locke how to portray her and allowing Spencer to ride her horse Power.

This film is a wonderful story of determination and inspiration, as Snyder teaches that when you fall down, you get back up and keep going. It shows that one should never give up, even when odds are against you.

How well do you know FDU?



Across

4. The name of the FDU mascot
5. One of the nation's top-ranked business schools
9. Dickinson Hall is on the _____ side of campus
11. This common space has pool tables, games, and events
12. Athletic and recreational facility where many games are held
13. The eighth president of the University

Down

1. Residence hall that hosts students who wish to live in a free environment
2. Campus located in England
3. Students go here to workout
6. The founder of FDU (Last name)
7. This is the town where the first FDU campus was located
8. Where Engineering students spend a lot of time
10. How many campuses does FDU have?

Created by Maya Page

For crossword solutions go to
fduequinox.wordpress.com

Mets Legend Ron Darling Pens New Book

By JENNIFER MALTI
Staff Writer

“108 Stitches” is written by retired baseball player, Ron Darling, with journalist Daniel Paisner. It hit the shelves of bookstores on April 2, 2019.

Darling is an experienced author, and has published other books in the past. The last book he wrote, and most famously praised for, was “Game 7, 1986” where he tells his part in the 1986 World Series.

This book discusses a different and unique part of baseball. Darling explores how the game and sport of baseball is all connected. The title, “108 Stitches,” refers to the making of a baseball and how there are 108 stitches that go into producing a single baseball.

He discusses how the sport is interwoven and that everything connects and relates to one another, just like stitches.

The book starts off with an explanation of how the sport of baseball affects Darling as a person and as a player. Darling mentions that when you watch

baseball, play baseball, and cover baseball, it becomes a part of you.

He explains that there are connections in the exciting game of baseball. In his introduction, he briefly tells his stories of baseball and how each story shares a bond. Darling says that’s the funny thing about baseball, that everything somehow or some way or another relates to each other.

The writing technique used by Darling and Paisner allowed the reader to connect to the book. He speaks of personal experience and allows for a reader to relate to him as a person rather than as a famous ball player. He creates the opportunity for a reader that knows nothing about baseball to gain insight from the book.

The book goes into the beginning of his journey, in which he tells the story of when he got to his first spring training camp. He was discussing how he wanted his role to be the fifth man in the rotation. He goes on to explain how he got to that point from the Yale baseball team and created the connection of

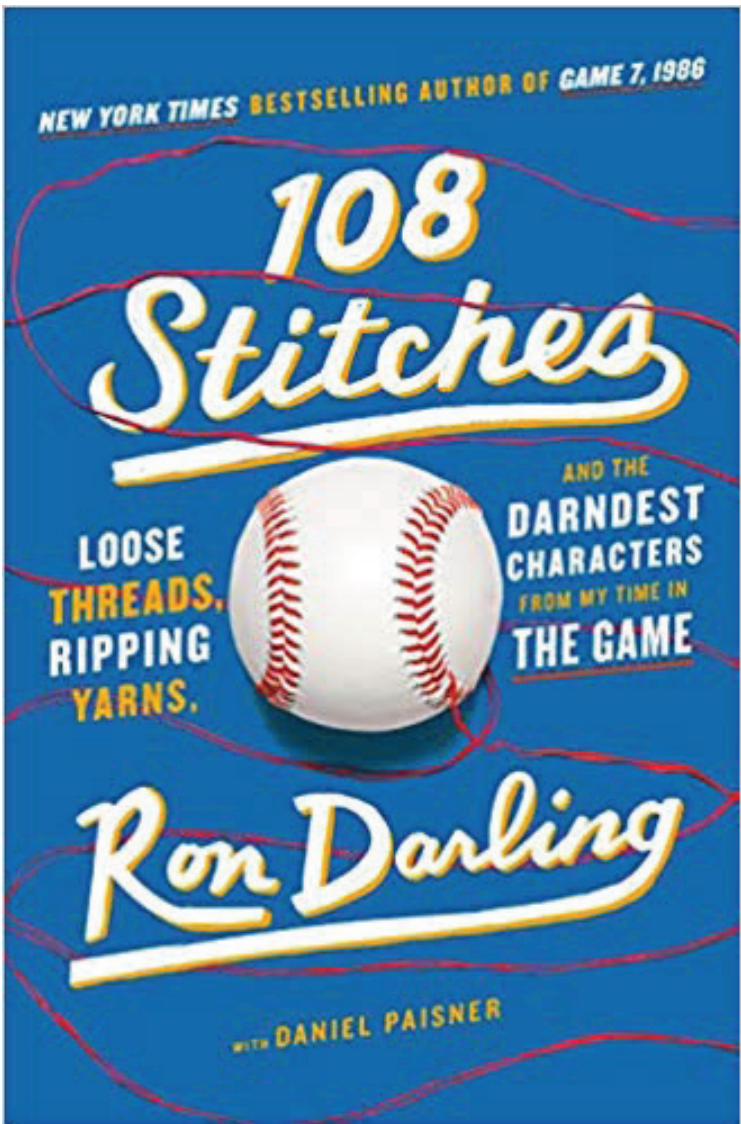
how that was once a team filled with the likes of George H.W. Bush.

Darling takes his experiences and starts allowing himself to make these connections with one of this country’s greatest entertainment.

Darling succeeds again with this book and draws the reader in with his hilarious and comforting stories. He speaks of the likes of so many well-known baseball names like Mel Stottlemire, Mickey Mantle, Bill Monbouquette, and many more.

At the end of the book, he ends with a fitting phrase about the sport of baseball. Darling says, “The more things change, the more they stay the same. What remains will be the characters of the game...the character of the game...the game itself.”



Darling’s book provides a wonderful insight to America’s greatest pastime as he tells the stories throughout his baseball career and his life.



Book cover of “108 Stitches”
Photo by us.macmillan.com



Giovatto Library – April 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
National Library Week April 7-13, 2019	1 Giovatto Library Student Advisory Board 1:00 PM RSRR	2 Getting to Know the Library Databases 10:00 AM Pat	3 Getting to Know the Library Databases 4:00 PM -- Paul	4 Italian Language Table 1:00 PM Library Café Paul Getting to Know the Library Databases 8:00 PM Michael	5 Getting to Know the Library Databases 11:00 AM Kathy	6 Library Open Saturdays 10 AM – 6 PM
7 Library Open early -- @ 9 AM	8 Breakfast @ the Library 8:30 AM – 11:00 AM Ref/Circ Area Readers Circle Book Club 1:00 PM RSRR Getting to Know the Library Databases 9:00 PM. Sian	9 Celebration of FDU Authors and Artists 2 PM Reference Reading Room	10 Musical Afternoons 3:30 – 5 PM Paul International Game Night 6:30 – 10 PM Paul	11 Library Scavenger Hunt Sponsored by the Metro Campus Faculty Library Committee 9 AM – 4 PM	12 Library Amnesty Week April 7-13, 2019 No fines for overdue items!	13 Take a Selfie @ the Library for the Library FB Page National Library Week April 7 th – 13 th
14 Library Open Sundays 12 noon – 10 PM	15 Movie Talk! Film Discussion Group 1:00 PM RSRR	16 How to Recognize Fake News! 3:00 PM Paul and Dirk	17 Library Open 'til 1 AM! Extended hours Sunday - Thursday	18 French Language Table 1:00 PM Library Café Kathy	19 Library Open Fridays 8 AM – 5 PM	20 Library Open Saturdays 10 AM – 6 PM
21 Easter Sunday  Library Closed	22 Library Open Mon -- Thurs 8 AM – 11 PM	23 Career Research @ the Library 3:00 PM Paul and Dirk	24 Honors Research Day	25 English Language Table 1:00 PM Library Café Paul	26 Library Open Fridays 8 AM – 5 PM	27 Library Open Saturdays 10 AM – 6 PM
28 Library Open Sundays 12 noon – 10 PM	29 Examtime Mini Stress Lab April 29 th – May 3 rd	30 	Relaxation Zone @ the Library Café Library Self-Checkout No more waiting!	Library Open 'til 1 AM! Extended hours Sunday - Thursday	Courtesy Phone & Laptop Chargers @ the Library	Extended Library Hours for Final Exams May 3 rd – 5 th

SPORTS



Holloway Jr. and Edge Take 4th



Senior Mike Holloway Jr. Photo Provided by Mike Holloway Jr.

By **ANTHONY COVINO**
Staff Writer

Seniors Darnell Edge and Mike Holloway Jr. represented the Northeast Conference in this years Dos Equis 3x3 National Championship from April 5th to April 7th in at the Mall of America in

Bloomington, Minnesota. The Dos Equis 3x3 National Championship is a tournament consisting of all 32 college basketball conferences made up of 4 seniors from schools in each Division I conference.

Sacred Heart senior guard Sean Hoehn and Wagner senior guard Romone Saunders

completed the NEC team along with Edge and Holloway.

“It was a real good time being able to compete with guys who we’ve played against for years,” Edge said. “Being able to bond with them and come together to represent the conference was a refreshing experience. Taking down

some big name conferences in the process was something I really enjoyed. I feel that we represented the NEC very well making it to the Final Four and walking away with some money as well,” Edge said.

“I enjoyed the opportunity to represent the Northeast Conference and Fairleigh Dickinson University, and honored to be offered to play in this great event,” Holloway said.

On the first day of the tournament, the NEC defeated the Big West, 22-11. Edge had 3 points, Mike Holloway did not score in this game The NEC then defeated the Atlantic-10, 21-17. Darnell Edge had 5 points while Mike Holloway Jr. added 1 point.

On the second day of the tournament, the NEC team suffered their first loss to the American Conference, 21-19. Edge had 4 points, while Holloway Jr. had 2 points. The NEC advanced to the Round of 16 and defeated the SEC 22-20. Darnell Edge had 6 points, while Mike Holloway Jr. had 1 point.

The NEC then defeated the American Conference

21-20 in the quarterfinals. Edge was the leading scorer with 9 points while Mike Holloway Jr. added 1 point

The NEC then lost to the WCC 21-15 in the semifinals. Edge was the leading scorer with 7 points, while Holloway added 1 point. The NEC the lost to the MAC 21-14 in the third place game. Darnell Edge was the leading scorer with 7 points, while Holloway added 1 point.

Colonial defeated the WCC, 21-13 to take home the Dos Equis 3x3 National Championship and won a total of \$103,000.

Holloway had the fifth most total rebounds with 28 and had the most assists with 14. Edge finished third in field goals with 28 and finished third with minutes played with 46.

The NEC took home a total of \$2,000 after making it to the semifinals of the tournament. Edge, Holloway, Saunders, and Hoehn all split the money, each receiving \$500 each.

This is the first professional pay day for the participants.

Women’s Golf Team Wins Fourth Title in Five Years

By **CHRISTOPHER LEE**
Staff Writer

The Men’s golf team finished no higher than fifth at any time during the 2018-2019 season.

Andrew Morris led the team with a 75.1 scoring average through 17 rounds this season. Morris, a junior, was named NEC (North East Conference) men’s Golfer of the month for March with a strong performance as the season came to a close.

He shot a pair of 74’s at the Lonnie Barton Invitational tying for fifth with a field of 129 golfers. The following week he shot a pair of 73’s (+2 overall) at the Pizza Hut-Pat Hicks Thunderbird Invitational.

He finished tied for 18th in a field of 78 players. To finish the season the team has the Navy Invitational starting on April 19th in Maryland and The Northeast Conference Championships from April 26-28.

6-8.

Freshman Tomita Arejola finished in first place with a +3 score at this year’s NEC Championship.

Sophomore Nicola Smith had a scoring average of 77.4 through 17 rounds. Smith, was named the NEC Women’s Golfer of the month for March. When asked how the team performed for the season she has stated, “I think that we have all had our individual struggles and successes, but I think everyone put in a great amount of effort to do their part for the team. We all would have liked a couple more wins during the regular season, especially considering the amount of success the team managed to achieve last year, however we still achieved our main goal of the year which was to win the conference again.”

The team was NEC champions last season and qualified for the NCAA Regionals.

semester, I would love for us all to bring our strengths together on the same day. For the seasons to come I look forward to continued success for the team. I think it has been very difficult, especially this semester, only having 5 players because it puts a lot of pressure on

everyone to stay fit and healthy. But we have a new player joining the team in the fall and I think this will only help to strengthen our team further.”

To conclude the season, the women’s golf team will play at the Regionals starting

on May 6th.

“I’m very proud of the amount of hard work every member of the team put in this year,” said Smith.



Left to Right: Assistant Coach Gabriella Santini, Nicola Smith, Najae Butler, Tomita Arejola, Caterina Tatti, Julia Warke, Head Coach Rob Warren

Strong Showing For Track Team

By **PATRICIA RESSELL-DERAS**
Staff Writer

On the weekend of April 12-13, the FDU Knights track team competed at the Metropolitan Championships which was hosted this year by Rutgers in Piscataway, N.J. Amongst 11 other college teams, both the men's and women's track team scored fifth place overall in the meet.

The Knights women dominated their individual events.

Junior Kyla Smith won first place in Women's 100m dash with a time of 11.83 seconds. Junior Madeline Price and sophomore Jazmyn Lewis also ran

sophomore Gabrielle Charles (15.29).

All three racers in women's 200m dash, junior Smith, freshman Daniella Griffith, Lewis, placed in the top 10 spots.

Sophomore Shaniyah Caul claimed fourth place in Women's 400m dash with a time of 57.39 seconds.

The women's team walked away with second and fifth place in the Women 400m hurdles won by sophomores Shanice Watkins and Charles respectfully.

The women's team finished in second place in the women's 4x400m relay, and fourth place in the 4x100m relay.

The Knights men also

claimed second and fifth place in Men's 400m dash.

Sophomore Sandley Elysee won second place in Men 400m hurdles with a time of 55.69.

The men's 4x100 relay team performed won second place at the meet.

Junior Akemi Dwyer won third place in Women's Long jump with a distance of 5.81m. Dwyer's sister Anika was not far behind with a distance of 5.67m, claiming 5th place.

Juniors Nicole Dawson and Anika Dwyer won third and fourth place in Women's triple jump.

The female throwers did just as well as the jumpers.

Sophomore Elizabeth Peppernick threw 35.61m in women's discus, landing her among the top half of the throwers.

Freshman Ashleigh Convery threw a distance of 42.79m in women's hammer throw landing her in seventh place.

Knights men jumpers and throwers performed the same as the women.

Freshman Taeco O'Garro won second place in men's Triple Jump with a distance of 15.21m.

Freshman Benjamin Clay and sophomore Austin Gere placed in 7th and 8th place respectively in men's shot put. They continued the momentum by placing sixth and seventh in the men's hammer throw.

In track and field, meters are used instead of feet to measure distance. 1 meter(m) = 3.28 feet(ft).

The women's team has three more meets before the Division I East Preliminary meet in Jacksonville, F.L. from May 23-25.

The men's team has two more meets before the NECs from May 4-5 in New Britain, Connecticut.



Madeline Price
Photo by FDU

impressive times, 12.39 and 12.51, respectively.

Knights walked away with both first and third place in women's 100m hurdles, thanks to junior Akemi Dwyer (14.74) and

took home some wins. Sophmores Yourry Tapande-Ngombe and Keion Oglesby walked away with fifth and seventh place respectfully in Men's 200m dash. They went on to also



Aleksandra Vorozheikina
Photo by Anthony Covino

Men's, Women's Tennis Prepare for NEC Postseason

By **JUSTIN RIMPI**
Sports Editor

Both the FDU men's and women's tennis teams had stellar regular seasons but their work has just begun.

The NEC Championships take place from April 18-20 in West Windsor N.J.

"Our teams are looking forward to playing in the NEC tournament," head coach Jeff Brandes said. "Both are peaking at the right time and will battle and give maximum effort. As long as we continue to play the right way and give it our all out there on the court we like our chances. It will be a great experience for our players."

The women's tennis team finished the year 12-8, with a 5-1 conference record. The women's team finished second in the NEC.

The team was led by junior Patricia Eftenoui who was third in the conference with a 16-7 singles record. She is heading into the conference tournament on a streak of six consecutive match wins.

The team finished with

a 56 percent overall winning percentage, and this bodes well as the team heads into their most crucial stretch of the season.

"Everyone has stepped up at one time or another throughout the season on both the men's and the women's squads," Brandes said. "It has been a team effort all season long."

The men's team finished their regular season 8-12, 3-2 in conference play. This record allowed the Knights to finish second in the Northeast Conference as well.

Sophomore Eduardo Cardabal was the standout player for the Knights in conference play as he finished 4-2, which was the second-best winning percentage.

The team finished with an overall 45 percent winning percentage across all of their matches this season.

As the season has progressed, we have steadily gotten better at handling the many challenges that all college tennis matches have," Brandes said. "This was not always a strength but it surely is now."



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