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A ROAD RUNS THROUGH IT

Teaneck approves ‘University Drive’ through Metro campus

By ELIZABETH WHITE
Managing Editor



(TEANECK) - On Monday, Sept. 25, the Township of Teaneck Planning Board unanimously approved a plan presented by Boswell Engineering to create a new roadway through the Metropolitan campus, connecting University Circle and Library Circle to “improve driving and pedestrian circulation through its campus,” NorthJersey.com reported.

The new road will be called “University Drive.” It will connect University Circle and Library Circle with a one-way continuous road, flowing southbound past University Hall and the Kron building and exiting near the current entrance to Library Circle. Vehicular and pedestrian routes will be separated, university officials said.

The plan for a new road has received unanimous approval from the Teaneck Planning Board, but a formal resolution and approval from the Bergen County Planning Board is still needed. The proposal is expected to be put on the planning board’s schedule in the next six weeks.

The plan also includes monument signs, 23 parking spaces, 87 trees and 672 shrubs, according to NorthJersey.com. The parking spaces will include accessible spaces for handicap vehicles and will be short-term parking, according to Richard Frick, Vice President for Facilities and Auxiliary Services.

The new plan “creates a strong university identity and presence along River Road in Teaneck,” according to Frick.

“It gives us the opportunity to create some outdoor gathering

CONTINUED ON PAGE 3



ILLUSTRATIONS PROVIDED BY BOSWELL ENGINEERING AND VIRIDIAN LANDSCAPE STUDIO

Illustrations provided by the Facilities Department show the plans for the new “University Drive” (top), the north entrance off of River Road near the Kron Building (bottom left) and the new monument sign near the Field House (bottom right).

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NEWS

Making It Official

Florham campus hosts presidential inauguration

By **ELIZABETH WHITE**
Managing Editor

(FLORHAM PARK) - Christopher Capuano was inaugurated as Fairleigh Dickinson University’s eighth president on Sept. 27 at its campus in Florham Park.

Capuano was appointed as president following university president Sheldon Drucker’s retirement after the 2015-16 academic year.

Capuano has been serving the FDU community for more than 30 years, beginning as a psychology professor before becoming the director of the School of Psychology. He also served as university provost and senior vice president for academic affairs.

Capuano talked about his childhood, and how his father immigrated to the United States from Italy to study analytical chemistry at Northeastern University.

“Before completing his degree, he met my mother, they married, and a few years later they had their first child—in their words, a little rascal (or as my father often said — un cattivo ragazzo), who never took no for an answer and stands before you today,” Capuano said.

President Capuano’s father attended the inauguration and was ecstatic to see his son be recognized at the ceremony.

“I am the happiest man on the Earth. I always knew I could do something like this,” Tony Capuano said. “Even when he was a boy, he was very alive,” he said.

Capuano shared some

wisdom that he learned from his parents, who worked hard to make a good life for their children.

“Above all, I learned — and this is what I tell my children and our students — that the best things in life are not those things that are given to you, but rather those things that you work hard for and earn,” Capuano said.

Capuano also talked about where FDU is headed and the changes to come.

Two of Capuano’s projects during his time at FDU include the new School of Pharmacy and Health Sciences and the establishment of the campus in Vancouver, British Columbia, Canada.

But Capuano said change is coming.

“Well, while I can tell you that FDU is on solid ground, I would be remiss if I didn’t tell you that there are winds of change blowing all around us,” Capuano said.

Last September, FDU released the strategic plan for 2015-2020, which “provides a roadmap to establishing even more centers of excellence, and to further elevating the University’s reputation—regionally, nationally and internationally,” Capuano said.

The School of Pharmacy and Health Sciences will add the Doctor of Physical Therapy and Master of Science in Physician Assistant Studies degrees, and “Henry P. Becton School of Nursing and Allied Health will work closely with the School of Pharmacy and Health Sciences to further



MICHAEL PARAS

From left: Akshay Patel, Metropolitan Campus Student Government Association president; Christopher Capuano; Nuttanit Boonprasert, Vancouver Campus Student Government Association president; and Greih Wilson-McClain, BA’17, who sang the national anthem.

strengthen the University’s reputation and reach in the health sciences,” Capuano said.

The Silberman College of Business will have new programming in digital marketing and wealth and risk management.

“The International School of Hospitality and Tourism Management, which is currently ranked 6th in the nation by Bestschools.org and 11th in the world by CEOWorld Magazine, has expanded its programming to the University’s international campuses in Canada and

England, and is finalizing an agreement with a major hotel company to construct new facilities, including a new hotel, on the Metropolitan Campus,” Capuano said.

A new School of Public and Global Affairs and a new School of the Arts are also planned.

“Last fall the University initiated the quiet phase of what will be the most successful capital campaign in its 75-year history,” Capuano said. “And just one year into the quiet phase of the campaign, which is appropriately titled ‘One University, Many Dreams,’ I

am happy to report that we already have commitments totaling more than \$30 million.”

Capuano concluded his speech with hopes and dreams for the future.

“We will not miss our opportunity to build on past success and create something even better than what has come before us,” Capuano said. “Our legacy deserves nothing less, and our students deserve all that and more. We will honor our past, while building a brighter future.”

Traffic Changes Coming Slowly to River Road

By **EMILY WEIKL**
Staff Writer

(TEANECK) - Weiqui Wang and Daniel Clarke have a few things in common. Both were hit by a car as they were crossing River Road. Both drivers said they didn't see either person. Both were students at Fairleigh Dickinson University. That is where their similarities end.

Clarke lived. Wang did not.

Wang was killed in November 2016. Just two months later, Clarke was hit in the same crosswalk in January 2017.

And they are not the only ones.

Within the last five years, two other FDU students were struck in the crosswalk on Lone Pine Lane, just off River Road by the Public Safety building, while walking together. That driver also told police that she did not see the students.

Dennis Rozestwinski has been attempting to solve the road's problem. Rozestwinski was a classmate of Wang's who started a petition to improve safety on River Road in the aftermath of her death. By February 2017 it had more than 1,500 signatures. This petition has since been presented to the Student Government Association, the Bergen County Freeholders and the Teaneck City Council. Rozestwinski also has a



NORTHJERSEY.COM

A crosswalk on River Road near the university.

Facebook group called River Road Petition Teaneck and shares updates regarding it.

Rozestwinski is adamant. "Any changes on River Road need to take these factors into consideration to ensure the safety of the pedestrians," he said. "Following only the state statutes and regulations on the traffic safety might not be enough. The county and the city of Teaneck should act proactively to prevent any future tragedies. The

pedestrians and the bicyclists are the most vulnerable traffic participants and their safety should be the first priority."

Rozestwinski has seen little progress on River Road since Wang and Clarke were hit.

"Besides that the bus stop has been relocated, I have not seen any physical permanent changes yet," he said. "However, last spring, Teaneck police have gone undercover as 'pedestrian decoys' on River Road in

an effort to change attitude and behavior of drivers who do not stop for pedestrians, and I have also noticed more cars to be pulled over for speeding."

Rozestwinski said the County Engineers for Bergen County conducted a traffic study on River Road in February 2017. They have since sent a letter to City Manager William Broughton that included recommendations concerning pedestrian signal

options and a reduction of the speed limit from 35 to 25.

Campus Executive Robert Vodde addressed the university's position on the issue.

"In light of the tragic death of one of our international graduate students last year as she was crossing River Road, our Department of Public Safety has been working closely with the Teaneck Police Department, the County, and the North Jersey Transportation Planning Authority in a Pedestrian Safety campaign," Vodde said in an email to the campus community.

"We are also working in collaboration with the Township of Teaneck to explore sharing costs for the installation of high intensity flashing warning lights that can be activated by pedestrians," Vodde said.

There are things people can do now to make River Road, and all roads, safer in the meantime, Rozestwinski said.

"The fall is already here, days will be shorter, we will have more rainfall. All these conditions will make the situation on the River Road more dangerous," he said. "The word of caution for our students: cross the street only at the designated crosswalks, be very attentive, do not cross the street before the vehicle comes to a full stop, ideally on both sides of the road."

New Campus Road

CONTINUED FROM PAGE 1

areas, possibly an outdoor classroom, some really nice things for the students," Frick said.

The new concrete walkways will include proper lighting, and the new asphalt road will include designated sidewalks to access University Hall and the Kron Administration buildings.

"It's important on a campus like this and in any environment to not have those be the same thing," Frick said.

The speed limit has not yet been determined, and will be set by the Campus Executive and Public Safety, according to Frick.

The first thing built will be the new signage.

"We did get, under the sign waiver system in Teaneck, approval to proceed with the three monument signs," Frick said. "Those we anticipate getting in this fall."

New signage will be added to each of the three sections of campus: north, middle, and south.

The monument sign on the north end would be near the Purchasing building and the field house, indicating an

entrance to the university.

"That would be a monument sign with a digital display where we would be able to announce things that were happening on campus," Frick said.

The middle of the campus, where the road is being built, will have what the facilities plan is temporarily calling "The Oval."

This signage will mark the official entrance to the university, and will include "a low wall with internally lit signage that says 'Fairleigh Dickinson University,'" according to Frick.

The southern end of campus, where the Lindens and Student Union Building are, will be getting a new sign to replace the one near Public Safety. It will be a bigger sign that will indicate that visitors are entering the campus.

"That sign becomes the marker: here is where you want to enter," Frick said.

Frick said the plan seeks to make the campus more visitor friendly.

"We're trying to organize [the campus] and make it make a little more sense," Frick said. "Right now it's kind of confusing but we're

trying to simplify it."

Frick said the main address for the university, 1000 River Road, currently brings drivers to the flag circle, which is an odd spot in the campus that has no parking and no where to go. The location of the road will give visitors a more formal entrance to the university.

The flags in University Circle will be removed with the construction of the road.

"At this point we don't have plans to reinstall the flags," Frick said.

FDU's Office of the General Counsel sees the road performing a similar function.

"The purpose of this application is to make this portion of the Teaneck campus for Fairleigh Dickinson University more functional, more efficient, more aesthetically pleasing and to add some sustainability aspects," Jason Tuvel, an attorney for the university, said, according to NorthJersey.com.

NorthJersey.com reported that a Planning Board member asked FDU to include the addition of crosswalks at the intersection

of Ramapo Road and River Road (the North entrance) in its application to the county.

In an end-of-year town hall meeting for faculty held last May, then Campus Provost Vodde and President Capuano gave a presentation where they talked about the road being built and signage being added.

Faculty were told that the project would be breaking ground in June and that the campus would have a different look in the fall, according to a faculty member present at the meeting.

There is no specific mention of it in the university's strategic plan.

In a President's update on March 27 about strategic plan progress, campus improvements were mentioned, but not specifically a new road through campus.

"We are also planning to commence a much-needed perimeter improvement project at the Metropolitan Campus this summer, pending anticipated municipal approvals in both Teaneck and Hackensack," President Capuano said in the update. "Improvements will include

new monument signs that will be constructed at key locations on campus, new and more directional signage, fencing and other perimeter identification, as well as other landscape improvements," Capuano said.

Frick said that the road was not specifically mentioned because the strategic plan does not go into those kinds of specific details.

"The facilities pieces are a little bit separate but need to support the strategic plan. The strategic plan is more of a general academic, general administrative [plan]," Frick said. "A lot of the things we do are in support of the strategic plan, but something of that nature can't afford to get into the nitty gritty of the facilities pieces."

The cost of the project has yet to be determined.

"The final cost of the project is yet to be determined, but it will be a few million dollars for sure," President Capuano said in an email to THE EQUINOX. "We will pay for these improvements out of operating dollars that have been budgeted for campus improvements."

Chris Foye Takes the Helm of the Softball Team



FELICIAN ATHLETICS

By **DUSTIN NILES**
Layout & Design Editor

After a 5-37 record last year and a host of off-the-field issues, FDU decided it was time for a change at head coach for the softball team. Enter Chris Foye, an assistant coach for NYU last

season, and formerly head coach at Felician.

“I’m somewhat local, I live in Verona,” Foye said. “So it’s kind of like a D-I job in my backyard...I’m familiar with the area so softball-wise and from a recruiting standpoint...I have a lot of connections that I thought if this was a job I could get, I could keep more girls local.”

FDU’s strengths were attractive to Foye, and he knew they would be helpful to him in recruiting players in the future.

“It’s a big university, liberal arts, so with the different majors offered, there’s different majors for the recruits, which is good, because sometimes they’re all over the map,” Foye said. “Sometimes specific universities don’t have specific majors, where here it seems like they have a

little bit of everything which is good from a recruiting standpoint.”

Foye is focused on recruiting.

“I think with us it’s probably more about like trying to build the program, just because we’re somewhat short on numbers, you know, but doing a great job with what we have here now, and then using those players to kind of build towards the future,” Foye said. “So kind of like next year, you know, building up the roster a little bit. And this will be a good year for them more probably to learn more than anything, learn our style, what we’re looking to do, so that way when we have freshmen come in next year and in the future, they can kind of like take them under their wing and teach them.”

Foye is looking to build

a well-rounded team over the next couple of years, not trying to create a team that does just one thing well.

“From a recruiting standpoint, we look more for athletes than anything,” Foye said. “Pitchers and catchers, to us, are more specialty positions, but then after that we’re kind of looking for the typical all-around athlete.

“You know, like good shape, good speed, good arm, good defense, good offense, so kind of like a little bit of everything, I would say. Just a good athlete in general,” he said.

Even though the softball team is looking to improve through recruiting in the future, that doesn’t mean that the priority isn’t to win now. Foye said that even though he’s looking to grow and improve the team, the goal to win never goes away.

Foye is also looking to impart skills on his players that extend outside the softball diamond.

“To us, the most important thing is academics first,” Foye said. “In softball, like a majority of other sports, you have to be the top one percent of the best players in the country for professional leagues or like the Olympics...so for us, we look at how softball is going to help them get a job in the future.

“You know, a lot of companies now are hiring athletes because they can deal with time management and they have leadership skills and things like that,” he said.

“It’s not about sport,” Foye said, “it’s about important things that they’re going to use in their life in general.”

Earthquakes in Mexico Kill More Than 400

By **GALINA BELLO**
Staff Writer

Only 12 days after Mexico experienced its most powerful earthquake in a century, a second one devastated the country on Sept. 19 around lunchtime.

The first earthquake occurred near midnight on Sept. 7, with a magnitude of 8.1, and was declared the second strongest earthquake in Mexico’s history. Its epicenter was located in the Gulf of Tehuantepec, close to the Southern Mexican states of Chiapas, Oaxaca, Veracruz and the country of Guatemala. Less than 100 people died in these areas, but more than 800,000 people were affected, with many losing their homes and belongings.

In the midst of recovery efforts, a second earthquake damaged Mexico less than two weeks later. This time, the natural hazard occurred in central Mexico, less than 100 miles from Mexico City. Although the magnitude of this earthquake was 7.1, less than the first, it was more damaging because it occurred near the densely populated capital.

What is most perplexing to the country is that the second earthquake occurred on the 32nd anniversary of Mexico’s 1985 earthquake that killed nearly 10,000 people. Because of this, many people were already running through earthquake drills earlier in the day before the

second earthquake struck.

According to ABC News, the current death toll from the second earthquake is 344 people. Numerous hospitals, businesses, offices and homes collapsed and workers are searching the ruins for missing bodies and survivors. One building that collapsed was a school, where 20 students and faculty were killed.

Most of the collapsed sites in Mexico City have already been cleared. The damage from the two earthquakes combined could potentially cost \$2 billion, and there are massive efforts currently aiding the country.

The U.S. sent professionals from the Los Angeles County Fire Department to help clear the rubble in Mexico, as the department possesses a vast amount of specialized tools and equipment specifically for this type of disaster.

Like Los Angeles, Mexico is prone to earthquakes. It is situated near the boundary of three fault lines, the places where tectonic plates meet. Mexico is on the North American plate. To the south are the Pacific Plate and the Cocos Plate. The Cocos plate is currently moving underneath the North American plate through a gradual process called subduction, which builds up immense pressure and friction underneath the continents causing energy to be released in the form of an earthquake.

Earthquake strikes off the coast of Mexico

An earthquake of magnitude 8.1 struck off the southern coast of Mexico late on Thursday, the U.S. Geological Survey (USGS) said, killing at least five people, triggering small tsunami waves and damaging some buildings.



Sources: USGS; Reuters
J. Wang, 08/09/2017



In addition, Mexico City is built upon a dried-up lake bed comprised of clay, soil and many loose sediments instead of harder rock. This makes the shaking of an earthquake much more prominent in the city, leading to the more violent collapses of buildings and their foundations.

However, because this is known to engineers and officials in Los Angeles and Mexico alike, one way to prevent buildings from collapsing during earthquakes is to bolster their foundations. Many of the buildings that collapsed recently in Mexico were built prior to the 1985 earthquake, according to the Los Angeles

Times. Since then, Mexico has toughened its building codes and restrictions, which are now thought to be just as strict as those in the United States and Canada.

Engineers from Los Angeles currently working in Mexico are hopeful that new buildings that are going to replace the demolished ones will incorporate more steel reinforcement in their foundations to minimize the amount of destruction from future earthquakes.

That is not to say that Mexico still does not need immediate help. USA Today reported that “Rogue One: A Star Wars Story” actor Diego Luna was one of the thousands who was at home

in Mexico City when the Sept. 19 earthquake occurred. He posted footage of the damage to social media, appealing to his fans for help. Along with Mexican actor and producer Gael García Bernal, the two have partnered with companies Abulante and Omaze to raise funds. They have raised more than \$588,000, but still need help. Their online campaign closes on Oct. 30.

Donations can be made to other organizations. Vox recommends Red Cross Mexico, Oxfam Mexico, Global Giving, UNICEF Mexico and the International Community Foundation.

OPINION



Should Politics Stay Out of Award Shows?

By ADMIR DURAKOVIC
Staff Writer

This year’s awards season is almost finished, and with it came a year of celebrity political acceptance speeches. It seems every time there is a major award show, there are politically-charged speeches to go with it.

Many actors and actresses take a liberal stance on politics, but are met with the criticism that they don’t represent the everyday person.

“A lot of celebrities did, do and shouldn’t [talk about politics],” actor Mark Wahlberg told “Task & Purpose,” a news and analysis outlet geared toward veterans. “A lot of Hollywood is living in a bubble, and they’re pretty out of touch with the common person - the everyday guy out there providing for their family.”

American film critic Roger Ebert defines film as “a machine that generates empathy.” This is to say that watching a good movie connects the characters to its features, which is why a good movie is often a moral experience.

The people who work in Hollywood may be rich and famous, but to suggest that they’re simply “living in a bubble,” is undermining what they do for a living. Actors are masters at portraying that feeling of empathy. It’s

their art and profession. Actors are voters as well, and award shows are their greatest platform to deliver their messages.

Award shows have always been political. During the 1973 Oscars, actor Marlon Brando won the award for Best Actor for his role in “The Godfather.” Brando was not in attendance for the award show, and instead asked Sacheen Littlefeather, an Apache and Native American activist, to take his place and represent him at the ceremony.

Littlefeather, in Brando’s place, went on to state that the actor “very regretfully” could not accept the award, as he was protesting Hollywood’s portrayal of Native Americans in film.

Political speeches are not new to award shows, but they’re now getting more attention than ever.

Actress Meryl Streep made headlines with her powerful speech at the 2017 Golden Globe Awards. Streep used her platform, and six minutes of complete attention, to speak out against disrespect and violence, as well as calling for the protection of journalists.

During his campaign, Donald Trump imitated a disabled reporter who had written a story about him by flailing his arms and using a tone of voice that suggested mockery.

Streep said during her speech that the reporter was “someone he [Trump] out-ranked in privilege, power and the capacity to fight back. This instinct to humiliate, when it’s modeled by someone in the public platform, by someone powerful, it filters into everybody’s life, because it kinda gives permission for others to do the same thing.”

Streep spoke for everyone with little power and without a platform to defend themselves during this controversial moment. Actors have the same right as everyone else to voice their opinions and concerns, and award ceremonies are the best time for them to do so.

An actor is no more important or relevant than any other person. Iranian director Asghar Farhadi made that very clear when his film, “The Salesman,” won an Oscar in the category of Foreign Language Film.

Farhadi did not attend the Oscars, but instead had Anousheh Ansari, an Iranian-American engineer and CEO, read a statement that he had prepared.

“I’m sorry I’m not with you tonight,” Ansari said on behalf of Farhadi. “My absence is out of respect for the people in my country and those of other six nations whom have been disrespected by the inhumane law that bans entry of immigrants to the U.S. Dividing the world

into the ‘us’ and ‘our enemies’ categories creates fear, a deceitful justification for aggression and war.”

These wars prevent democracy and human rights in countries which have themselves been victims of aggression. Filmmakers can turn their cameras to capture shared human qualities and break stereotypes of various nationalities and religions.

They create empathy between ‘us’ and ‘others,’ an empathy which we need today more than ever.”

Actors have every right to voice political opinions at awards shows. They should – and will likely – continue to do so.



US WEEKLY

Meryl Streep gives her acceptance speech at the 2017 Golden Globe Awards.



GOOGLE IMAGES

Katy Perry, who hosted the show, at the 2017 MTV Video Music Awards on Aug. 27.



NY DAILY NEWS

Iranian-American Engineer and CEO Anousheh Ansari speaks at the 2017 Oscars on behalf of Director Asghar Farhadi.

DACA Dreamers Facing Peril

By **MARIUXI MANSFIELD**
Staff Writer

FDU Civil Engineering student Rei Amaya is facing his biggest challenge yet: staying safe in this country.

Amaya was born in El Salvador in 1999. He came to the United States with his mother and his 16-year-old uncle in December 2004. Amaya was only 4.

He doesn't remember much from that time, but said his mother told him it took almost a month to get into the United States through the Mexican border.

New Jersey's young immigrants eligible for DACA (Deferred Action for Childhood Arrivals) contribute \$66 million in state and local taxes each year, the seventh highest level of all the states.

Luckily for Amaya, his father was already in the States.

When a devastating earthquake struck El Salvador in 2001, with more than 108,000 homes destroyed and at least 944 people killed, Amaya's father made the decision to apply for Temporary Protected Status ("TPS").

The TPS is part of the Immigration Act of 1990 signed by President George H. W. Bush allowing immigrants who "are temporarily unable to safely return to their home country because of ongoing armed conflict, an environmental disaster, or other extraordinary and temporary conditions" to stay in the United States.

TPS beneficiaries may remain in the United States and may obtain work authorization. However, TPS does not lead to permanent resident status (green card).

In addition to El Salvador, two other Central American countries are eligible for TPS: Honduras and Nicaragua.

Amaya was raised in

Elizabeth, New Jersey. He graduated from high school and began to look at colleges. Thanks to "Make the Road New Jersey," a non-profit organization, Amaya was able to apply for DACA (Deferred Action for Childhood Arrivals).

After several offers from different universities, Amaya said he decided on FDU because the university gave him the best options financially and educationally.

But suddenly, everything changed.

In June of this year, the Department of Homeland Security announced that it intended to repeal the executive order by the Obama administration that expanded DACA. Trump passed the ball to Congress.

"I have love for these people and now Congress would be able to help them and do it properly," he said in September.

But the government is not accepting any more requests for DACA.

Homeland Security is

only adjudicating DACA renewal requests for participants whose benefits will expire between Sept. 5, 2017 and March 5, 2018.

In the state of New Jersey alone there are more than 20,000 DACA recipients, and ending this program would harm the Garden State's economy.

According to the Institute of Taxation and Economic Policy, "New Jersey's young immigrants eligible for DACA (Deferred Action for Childhood Arrivals) contribute \$66 million in state and local taxes each year, the seventh highest level of all the states."

Amaya was stunned by Trump's announcement.

"I was in shock, disappointed and I felt devastated cause I had hope that this program was going to protect me," he said.

Amaya has been determined to go on from the beginning. He understands education is important. In fact, he is the first in his family to go to college.

"I will continue my education regardless of DACA," Amaya said. "Even if DACA is removed, we as a family, we will keep fighting."

For more information, visit Make the Road New Jersey at www.maketheroadnj.org.

'I will continue my education regardless of DACA. Even if DACA is removed, we as a family, we will keep fighting.'
-Rei Amaya

Trump Weighs in on NFL Protests

By **JUSTIN RIMPI**
Staff Writer

Up until this point, the 2017 NFL season has been anything but normal. The NFL is used to tremendous publicity and scrutiny, but the league has never been under such a microscope.

It goes back to the protesting during the national anthem that is still going on, and does not seem to be slowing down anytime soon.

The protesting during the National Anthem began with former San Francisco 49ers quarterback Colin Kaepernick, who chose to kneel to bring attention to the killing of unarmed black people at the hand of white police officers with no convictions ever coming to fruition. Kaepernick thought that if he knelt during the national anthem, it would bring attention to this issue.

Kaepernick's protest has

served its purpose in getting the country to discuss the unjust killing of black people, but it has cost him his job in the NFL.

Whether Kaepernick will have a job this season, or ever again, is still yet to be determined. The fact that Kaepernick does not have a job, even as a backup quarterback, shows the NFL is not afraid to make a lesson out of him. NFL players have to be very careful not to deviate from how the league would like its players to act.

The current chain of events began when President Donald Trump said on Sept. 22 that NFL players who choose to protest during the playing of the national anthem should be fired. His rationale behind such a divisive statement is that these individuals choosing to protest are not showing the proper respect to the American flag. Trump also went on to say that if an NFL

player protested, the NFL owners should, "Get that son of a bitch off the field right now! He's fired."

As if the president's misguided comments to fire protesting NFL players were not enough, he continued to use coarse language to describe American people carrying out their Constitutional right. In this scenario, the President's word choice undermined the position of his office.

In order to compensate for what the president believes is a tremendous disservice, these individuals would have to be put into their place and conform to what he believes America should be like and how the citizens should behave.

Trump is wrong for the plain and simple reason that the United States Constitution allows the players to engage in this type of behavior. The First Amendment permits individuals to peacefully

protest. Whether Americans agree with the protesting or not, the fact of the matter is that they are entitled to do it. The fact that the president would like to fire NFL players for doing something the Constitution allows them to do is truly a terrible thing to recommend.

It is just another one of Trump's outlandish statements that looks to take attention away from his lack of legislative accomplishments thus far in his presidency.

These statements, in addition to much more, paved the way for tremendous solidarity between NFL players, owners and executives during Week 3 of the current NFL season.

In such a divisive time in the country, most of which is due to the president, it was very refreshing to see so many players stand together with one another in support of a particular cause. That particular cause is the NFL's response to the president's strong word choice about their players and his assertion that they should be fired for practicing their First Amendment right.

There was not a unified way in which the league decided to protest during Week 3. Some teams refused to come out of the locker room while the National Anthem was being played. Other teams locked arms with one another, and some players once again chose

to kneel in order to express their displeasure with what is currently going on in the United States.

In addition to the president being wrong about his assertion that NFL players who protest should be fired, he has bigger things to worry about, considering the fact that he is the 45th President of the United States.

His tenure thus far has not gone smoothly and his words continue to divide a nation that needs to see its president bring people together instead of continuing to divide them.

Trump and his battle with the NFL makes absolutely no sense. The fact the president is calling for U.S. citizens to boycott the nation's biggest sport is a waste of his time. He should focus on helping the United States regain its reputation as a beacon of hope for the rest of the world.

The country has seen its stature in the world dwindle since Jan. 20, the day in which Donald J. Trump was inaugurated as the 45th President of the United States.

Hopefully, the president will curtail his attack on the NFL and focus on being the best leader he could be. Because if the president wants to truly "Make America Great Again," these petty squabbles must stop.



Donald J. Trump
@realDonaldTrump



Follow

Great solidarity for our National Anthem and for our Country.
Standing with locked arms is good, kneeling is not acceptable.
Bad ratings!

2:20 PM - Sep 24, 2017

48,725 27,676 135,984



Standing Up to Suicide

By MAYA PAGE
Staff Writer

Sept. 14, 2017 was no ordinary day for the students of the Fairleigh Dickinson Florham Campus, as they woke up to 1,000 backpacks strewn across the Library Lawn. The backpacks represented the number of college students who take their own lives each year in the United States.

Students walked to class amid the hundreds of backpacks, remembering those lost to suicide. FDU used this experience to spread awareness and acknowledge Suicide Prevention Awareness Month with the help of the traveling exhibit, "Send Silence Packing."

Active Minds is a nonprofit organization that is dedicated to raising mental health awareness among college students. They debuted their tour exhibit, "Send Silence Packing," with the FDU Madison campus, and will continue to take it to eleven other colleges throughout the U.S. from September through October.

The backpacks used in the exhibit are donated by families of college students who have committed suicide. The bags have personal notes attached to them with stories and photos of the victims to truly bring faces to this tragic reality.

This nonprofit has hopes that their traveling exhibit will empower college students to seek help for themselves or a loved one.

"They're [the students] taking information, making a pledge to speak out and asking how they can help. Suicide is the second-largest cause of death among college students. This helps spread the message and fight the stigma," stated Josh Ratner, the program manager for "Send Silence Packing."

News 12 New Jersey covered the event in Florham Park and students who spoke with reporters stated that the event made them feel encouraged to speak up. This experience brought the community closer together and allowed conversation about the stigmatized issue to be more open and free.

According to the National Data on Campus Suicide and Depression, one in every 12 college students makes a suicide plan. That means that, in an average classroom,

there are at least two students who have thoughts of suicide. Being conscious of that fact and being aware of peers could lead to saving a life.

Research also states that more teenagers and young adults die from suicide than from all other medical illnesses combined. These statistics prove the gravity of the issue and why it is so important to talk about depression. Students need to know that there is no shame in asking for help. Universities need to make mental health talks a priority, even when it may be scary or messy. The taboo of suicide has resulted in a lack of education on the subject.

FDU Madison's Psychological Services Counselor Nicole Peluso helped to bring "Send Silence Packing" to the campus, and said she thought it was very successful.

"I'm taken aback by the response to it," Peluso said in an interview with the Daily Record. "Everyone is impressed. I heard one student just say, 'wow.' To see something like this, a visual statistic of all the students who have passed away, it's really meaningful."

Although September has passed and National Suicide Prevention Awareness Month is over, suicide and mental illness should be recognized every day. College students are one of the most vulnerable groups of people because it is expected that these are the years to have fun and be happy. However, that is far from the truth.

Even if someone isn't showing signs of depression, they may be hiding it inside because they are scared. No one wants to be that one person who is struggling while everyone else seems to be doing great. Things are not always what they seem and everyone can experience stress differently and at different levels. It is normal to not be okay and no one should feel alone because of it.

To get help on campus, the Student Counseling and Psychological Services offers personal, free, and confidential counseling to help students work through problems and develop coping skills.



BOB KARP/DAILY RECORD

Over 1,000 backpacks laid out on the Library Lawn at Florham representing the number of college students whose lives are taken each year from suicide.



BOB KARP/DAILY RECORD

Students at FDU's Madison campus reading one of the many stories of suicide victims on their backpacks.



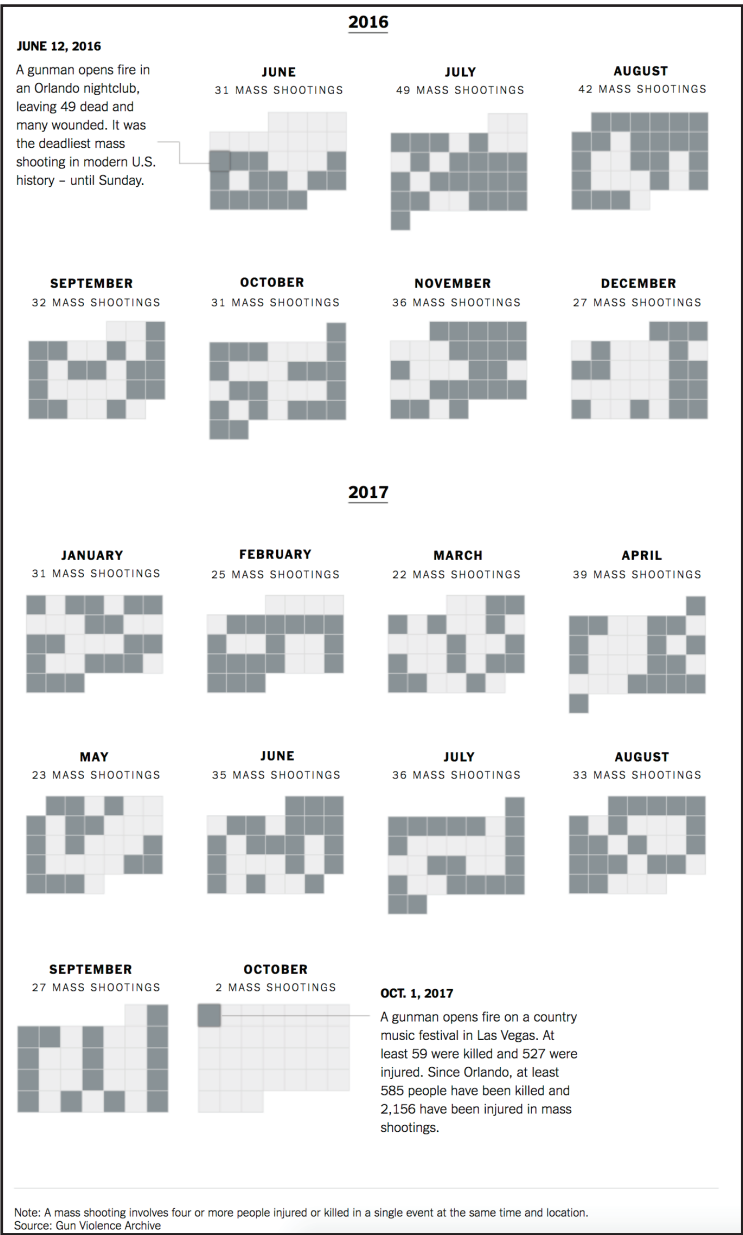


From the Editor’s Desk

There is one mass shooting every day on average in America, according to The Washington Post. Las Vegas was just the tip of the iceberg. The United States has six times as many firearm homicides as Canada does, according to information from United Nations data collected by The Guardian. These are facts. This is not fake news. America has a gun problem, and we need to address it. How many senseless acts of violence will it take for our country to take action? How many times can we offer our “thoughts and prayers,” as our president did, and then the very next day forget what happened? What happened in Las Vegas is horrendous for many reasons. Hundreds of families will never be mended because of this act of violence. Even more, though, is that it highlighted severe problems within our country in regard to firearms, much like previous mass shootings have. These pointless killings are only getting more common and the death

counts higher, and we as a country need to take a step back and figure out how to work together to solve this immense issue that faces our people, unfortunately, almost everyday. When Australia suffered a mass shooting in 1996, they passed legislation that reduced the number of mass shootings since then to zero. They took action without sacrificing the rights of the Australian people, many of which live in a wild outback region that more than warrants the ownership of a gun. The Second Amendment was written at a time when guns took much longer to reload than they do today, and it was written for the purpose of fielding state militias as opposed to a national army. Well, we have national army now and we don’t have state militias. And regardless of the intention of the founding fathers, legislation contradicts the founding fathers’ intentions all the time. The founding fathers warned against political parties, and we’ve had them nearly since the beginning of the nation’s

history. The Constitution is designed to facilitate evolution of legislation as social issues and technology necessitates. CNN has called the mass shooting in Las Vegas “the largest in U.S. history.” Is this what it takes to get people thinking about gun safety? The complete prohibition of guns is not the solution since firearm use is ingrained in American culture. For many, the right to own guns is a right to feel safe and a right to eat (hunting). But what needs to be examined is the way in which we permit citizens to purchase guns and which they are allowed to buy. What needs to be examined is that there is never any actual discussion of this topics unless there is a major tragedy. Now IS the time to be talking about gun violence. When there are fires, we talk about fire safety. When there are car accidents, we talk about automobile safety. How is this any different? One person’s “right” to own a gun should not take precedence over another person’s right to not be shot.



THE NEW YORK TIMES

A graphic created by The New York Times shows every day (in dark gray) that a mass shooting occurred in the U.S.

To Be Frank...

Pellino discusses Colin Kaepernick’s protest of the national anthem and Trump’s response



PHOTO PROVIDED

By **FRANK PELLINO**
Guest Writer

Aug. 14, 2016. It was just another day when the San Francisco 49ers took the field for what was their first pre-season game of the 2016 NFL

season. The players took the field and the cameras started rolling. Everyone watched and listened to the playing of the national anthem before kickoff. But what nobody noticed was the backup quarterback,

who didn’t even dress for the game, sitting down while the anthem played. The anthem ended and the game started. Not a soul took notice to Colin Kaepernick’s ever so silent protest regarding the unjust police killings of African Americans. In fact, he did it again the next week in another game he did not dress for. It wasn’t until the third week of the preseason that people turned their attention to Kaepernick and his kneeling protest. He made national headlines and now the rest is, as irony would have it, history. Sept. 22, 2017. Speaking in Huntsville Alabama, President Trump sounded off on NFL players who chose to follow in Kaepernick’s footsteps. “Wouldn’t you love to see one of these NFL owners, when somebody disrespects our flag...” Trump said. “Get that son of a bitch off the field right now, out. He’s fired. He’s fired!” Donald Trump re-opened a controversial topic that had recently been placed on the back burners, with just a few

NFL players taking a knee or protesting in other ways during the anthem. But the “sons of bitches” responded. That Sunday, players across the league made their feelings known as entire teams began taking knees and not coming out of the locker room for the playing of the national anthem. Now, the topic has reignited and now there’s a side to choose. To stand or not to stand - that now seems to be the question we ask ourselves when the national anthem rings aloud at sporting events and other gatherings. You are disrespecting the military and those who have fought and died to protect this country if you don’t stand, but if you don’t protest you’re a part of the racial problem. Kaepernick’s stand, or should I say knee, has transformed into an entirely different argument. He wasn’t disrespecting the men and women who fight and give their lives in the name of the country. He was only exercising his right that those same men and women are fighting to protect. His

protest is just as American and patriotic as the song that he kneels during. Kaepernick’s protest is just as American as the moment Rosa Parks refused to give up her seat on that bus. And Parks wasn’t protesting the buses, she was using it as a platform to stand up for equality - the very same equality Kaepernick is fighting for. And while he can’t find a job in the NFL, he is still out there fighting for what he believes in. He is inspiring others to stand up against the inequality. He is inspiring columns like these, and showing African American youth that their lives do in fact matter. It’s okay to stand for the military, past and present. It’s okay to stand out of respect to the history of this country. It’s okay not to agree with Colin Kaepernick. But it’s not okay to say that these protests are wrong. It’s not okay to call those exercising their First Amendment right “sons of bitches”. If you stand or if you sit, it’s understandable - just don’t hate those who do either.

STUDENT LIFESTYLE



How to Stay Healthy Throughout College

By MAYA PAGE
Staff Writer

Between going to class, studying, working on assignments and trying to maintain a social life, it is easy for college students to forget about their health. Among all the stressors that college brings, it becomes harder to hit the gym and easier to grab a slice of pizza. However, developing a healthy lifestyle in college can improve academic performance and creates healthy habits for the future. It isn't easy, but here are five simple tips to help stay healthy in college.

1. Establish a routine

College comes with a lot of freedom, which can be great, but also has consequences. Students go from home-cooked meals on a regular schedule, to making their own food choices. After settling into the new semester, students can establish set meal times and a workout routine. Wake up early enough to have a healthy and wholesome breakfast, carry snacks throughout the day if there is no time for lunch and eat dinner at a reasonable hour. It will come in handy to have a daily planner to create scheduled time slots for eating, working out, studying and social activities. Eating at odd times of the day or skipping meals

can be very harmful to overall health. Time management is everything!

2. Take advantage of the Fitness Center

The Fitness Center is an amazing asset to the FDU campus that students should take advantage of, both residents and commuters! The Fitness Center is open until 11:00 P.M Monday through Thursday and is even open on the weekends (check out the FDU Knights website for hours of operation). Commuters can make use of the on-campus gym and work out during long breaks. Students can even take yoga, Pilates and Zumba classes. Find a workout buddy and make going to the gym fun!

3. Be smart in the dining hall

It can be extremely hard to eat right when the choices offered aren't the best. Breakfast is such an important meal because it affects the body's energy throughout the whole day. Instead of going for the bacon, pancakes, and bagels, choose fresh fruit, and granola with yogurt, or eggs. Lunch and dinner often have the same options of pasta, french fries and pizza, but instead of going for what is easier, students can request the chefs to make them something that is a lot healthier than what is being



GOOGLE IMAGES

served. Ask for some grilled chicken then go to the salad bar to make a grilled chicken salad. Try to limit bread and always remember to have a fruit or vegetable at every meal.

4. Have a consistent sleep schedule

Every college student will inevitably experience the stress of an all-nighter, but don't make it a habit! Sleep deprivation reduces brain function, causes headaches, and will only hurt performance in classes. It is necessary to get seven to nine hours of sleep every night. To stay on a regular sleep schedule, try not to eat before bedtime or look closely at

electronics. An hour before sleeping should be spent in the dark and quiet to get the best night's rest.

5. Drink lots of water & limit caffeine intake

Staying hydrated is one of the most vital aspects to taking care of the body. Water will help with concentration and produces energy. Always bring a bottle of water to class and choose water with meals instead of soda. Caffeine can seem necessary when trying to stay awake during late-night studying, or for that 8 a.m. class, but drinking too much caffeine can be harmful. The combination of sugar and caffeine will result in crashing and feeling

bad afterwards, causing the desire to have more. A reminder that when ordering a drink at Starbucks, go for a regular coffee over a fancy Frappuccino drink because they tend to have more sugar than actual coffee and contain a lot of unhealthy ingredients.

College can already be so stressful, don't make it harder by not taking care of yourself! Remember, it isn't about weight, trying to maintain a strict diet, or being on rigorous schedule. College is supposed to be fun! It is about feeling like the best version of yourself mentally and physically.

Recipe of the Week: French Toast in a Mug

Recipe from Shaina Glenn
on [sugarstilettosstyle.com](#)

INGREDIENTS

- 2 Slices of bread, cubed
- 1 egg
- 1 tbs of butter, melted
- 1/2 tsp of sugar (optional)
- 2 tbs of milk
- 1 tsp cinnamon
- 1/4 tsp vanilla

DIRECTIONS

Place butter in microwave for about 30 seconds to melt, then coat the sides of your mug to prevent sticking. Whisk the egg in the mug, then add milk, sugar, cinnamon and vanilla. Mix well. Add the cubed bread to the mix and allow it to soak for about a minute. You may need to gently stir the pieces of bread around half way through to make sure all of the pieces get coated evenly.

Microwave on HIGH for about a minute and a half, check it every 30 seconds until the egg is completely cooked.

Top with powdered sugar and syrup. ENJOY!



'Meet the Greeks' Packs the Room



MANNYPHOTOGRAPHY & THE OFFICE OF STUDENT LIFE

Fall 2017's "Meet the Greeks" had a great turnout on Wednesday, Sept. 20 at 8 p.m. in Wilson Auditorium, featuring the best of Greek Life - complete with steps and dances. As is the case every year, tickets were sold out before Wednesday in anticipation of another successful event.



Performance by "SCREAM," a Rutgers theatre group

Wilson Auditorium
(Dickinson Hall)
Thursday October 26,
2017
8:30pm



Free T-Shirts for those who attend!

ENTERTAINMENT

e. the equinox

Best Shows on



By **MOLLY HOLT**
Staff Writer

In the digital age, spending the night watching cable television has become a thing of the past for a lot of students. More and more people are beginning to rely on streaming services for their entertainment, and while Netflix has been the go-to option for many students, Hulu is starting to break into the market more and more. One of the reasons for this is that students who pay for a Spotify membership will now receive a Hulu base membership for free. So, if you have it, here's a list of the top 9 shows available on Hulu to get you started.



1. South Park

Hulu has exclusive streaming rights to this Comedy Central adult cartoon. New episodes of the current season of "South Park" can be found on Hulu the day after they air. This show is perfect for anyone looking to laugh at relevant topics such as politics, celebrities and technology. All 21 seasons of this show are available to stream.



2. Seinfeld

All nine seasons of this classic 90's sitcom, starring title character Jerry Seinfeld, are available on Hulu. This comedy is a great option for anyone who loved Friends, Cheers or Fraiser, as it has a similar style but brings in Seinfeld's unique sense of humor, capturing the comedic side of living in New York City.



3. This Is Us

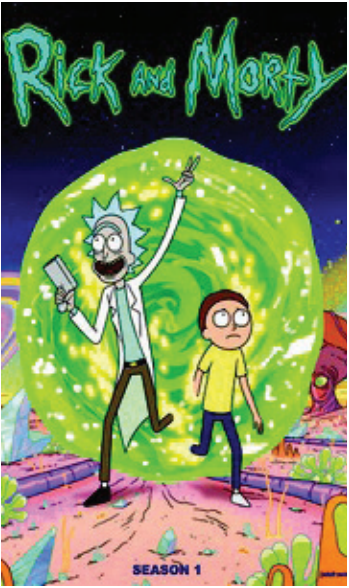
This new NBC drama has been getting a lot of attention since its premiere. It's a great show for multiple generations to get into, showing the struggles and experiences of a family - something everyone can relate to. It has all classic drama elements including death, heartbreak, love and pregnancy. "This Is Us" is just starting season two, so it's perfect for anyone who doesn't want to join in on a series too late. The new episodes of the current season are available on Hulu the day after they air.



4. Bob's Burgers

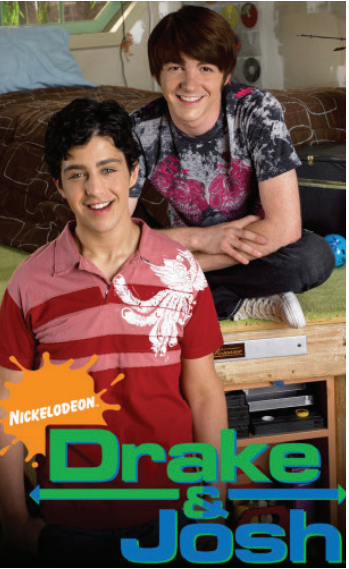
Many people were upset when this adult cartoon was taken off Netflix, but it's now

available on Hulu. This dry-humored show follows Bob, his wife Linda and their three kids as they get into ridiculous scenarios. This show is full of sarcasm, comedy and relatable awkward moments.



5. Rick and Morty

The first two seasons of this Adult Swim cartoon are currently available on Hulu. This show follows a boy named Morty and his grandfather Rick on some very crazy adventures and is very loosely based around "Back to the Future." It's great for anyone looking for some mind blowing, crude and dark humor.

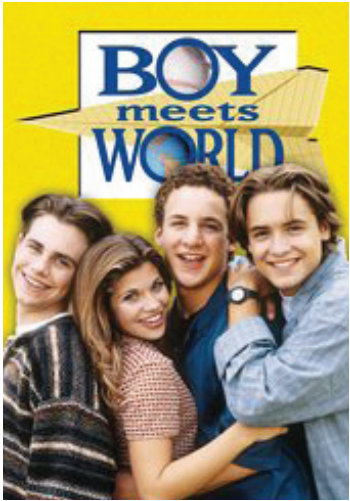


6. Drake and Josh

This Nickelodeon show is available for anyone looking for a nice throwback into the early 2000's. Watch step-brothers Drake and Josh deal with classic teenage struggles such as girls, parents, school and little sisters in their unique and over-the-top comedic manner.

7. Boy Meets World

Boy Meets World is one of Hulu's newest additions. There was a large online campaign to get "Boy Meets World" on Netflix after the spinoff "Girl Meets World" premiered on Disney Channel in 2014, but it failed. Now, it's on Hulu and students can rewatch the college years of the series as they experience it themselves.

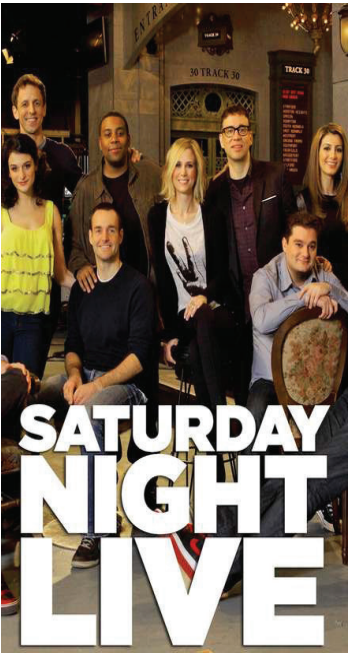


8. Full House

There was a lot of hype surrounding the revival of "Full House" when the Netflix original series "Fuller House" premiered. "Fuller House" brings this classic family show to a new generation, but anyone from the old generation who would like to relive the classic Tanner family experiences from the 80's and 90's can see the entire series on Hulu. The show celebrates its 35-year anniversary this year.

9. Saturday Night Live

This sketch comedy show has been around since 1975 and has since been a home to many comedians including Jimmy Fallon, Adam Sandler, Tina Fey, Will Ferrell and John Belushi.



Sketches range from political satire to mocking celebrities to fake commercials and everything in between. Each episode includes a celebrity host and a musical guest. Episodes of the current 43rd season are available on Hulu the day after they air.



Interested in joining?

We will teach you the basics of newswriting, no experience required!

If interested, please come to our general meetings **Mondays at 4 p.m.** in room 105 in the basement of the Student Union Building.

Please visit our website, **fduequinox.wordpress.com** to see our past issues.

For any questions or concerns, please contact **equinoxfd@gmail.com**. If you would like to advertise in our paper, please email **adsinequinox@gmail.com**.

‘This Is Us’ Back for Season Two

By **MARK LINDSLEY**
Staff Writer

One of last year’s biggest new shows, “This Is Us,” just kicked off their second season on Tuesday, Sept. 26. The 12.9 million people who watched the episode broke the show’s viewership record, which was previously 12.8 million viewers, according to CNN.

Less than a month ago, the show was nominated for ten Emmys and won two of them, according to Entertainment Weekly. The timing of the recognition couldn’t have been better, as the show’s ratings prove. However, the Emmys and ratings that “This Is Us” produced may just be a result of the unique story that the show tells.

In the show there are five main characters, made up of the “Big Three,” who are basically triplets, and their parents, Jack and Rebecca Pearson. Rebecca was supposed to give birth to triplets, but lost one of them during the birthing process. While she was recovering, Jack noticed a black baby boy with no name lying in the NICU right next to their two white babies.

Jack then found out that the baby had been born that same day and had been

abandoned at a fire station. He believed that this was fate and convinced Rebecca to go along with him and adopt this baby. She reluctantly agreed, so they adopted the baby and completed their “Big Three.”

The show revolves around the lives of the “Big Three,” who are all in their mid-30s, and a majority of the scenes involve one, two, or all of them as they deal with the issues that they encounter in their lives. There are also plenty of flashbacks to their childhood that show the audience some of the issues that their parents had to deal with, which also help to provide some context and explanations for some of their current issues.

Kevin is the Pearson’s birth son and is a famous actor who is struggling to be taken seriously by his peers and his fans, while also trying to find the right woman to be in a relationship with.

Randall is the Pearson’s adopted son, who is a very successful businessman, husband, and father to two young daughters, but has to deal with the daily struggle of trying to make every aspect of his life perfect.

Kate is the Pearson’s daughter, who is still struggling with the weight problems that she has had



GOOGLE IMAGES

“This Is Us,” which airs on Tuesdays at 9 p.m., features (from left to right) Mandy Moore, Milo Ventimiglia, Chrissy Metz, Justin Hartley, Susan Watson and Sterling Brown.

since she was a child while also trying to pick a career and figure out what she wants to do with her life.

When the kids were in high school their father died tragically, which is one of the biggest issues that the show focuses on. Their mother can be seen in the flashbacks, working on her relationship with Jack and her children, and in the present, being married to Jack’s former

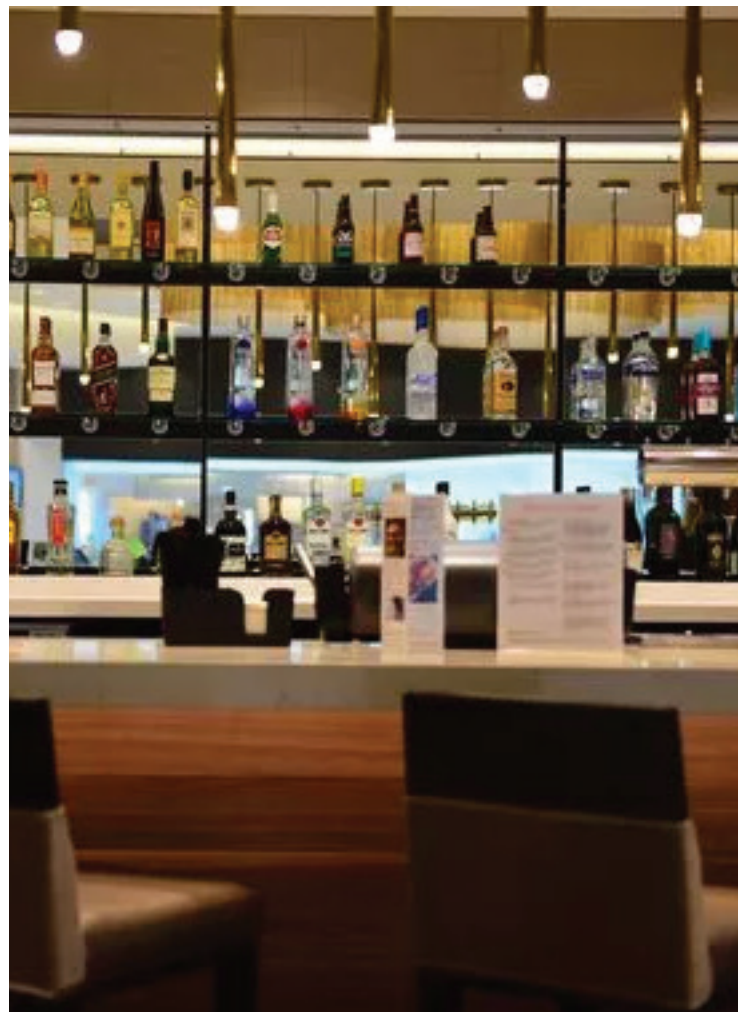
co-worker and best friend, Miguel, and trying to continue to help her children deal with some of their new problems.

A few of the show’s other characters include Randall’s wife Beth and daughters Tess and Annie, the women that Kevin sleeps with, and a few others that can only be discovered by watching the show.

The show is filled with

storylines that almost any viewer can relate to and some highly emotional moments that can make even the toughest men cry. Even though it is only a couple of episodes in, the second season looks like it will be as good as the first, or perhaps even better. “This Is Us” airs Tuesday nights at 9 p.m. on NBC and is a show that the whole family can enjoy for years to come.

Dinner and a Show at AMC’s Newest Theater



NORTHJERSEY.COM

The bar area at the new AMC theater at the Shops at Riverside 9 in Hackensack.

By **MONA DUGGAN**
Staff Writer

There’s a new movie theater in town and it’s only five minutes away – but not many know about it.

On Sept. 13, a new AMC Dine-In movie theater opened at the Shops at Riverside 9, just over the Hackensack River. It’s new, modern and stylish, which sets it apart from the three other theaters within a ten-minute drive from campus.

Another unique aspect of the new location is the price. The AMC Theatres website says that a showing of “Kingsman: The Golden Circle” at 7 p.m. on a Friday costs \$14.99. The same film at the same time at Teaneck Cinemas costs only \$7, and 15 minutes later Bergenfield Cinema 5 shows it for \$9.

According to AMC Theatres, this is because they offer an overall better experience.

“We provide better service, better seats, better viewing and better

sound,” Tiffany, an AMC Theatres customer service representative, said.

The new theater boasts a number of amenities on its website, including recliner seats, digital projection, reserved seating and delivery of meals directly to a guest’s seat.

Part of the dine-in movie theater experience is the food available. The menu on the AMC website lists typical dine-in movie theater fare, such as burgers and chicken wings, but also more unique options, marked as “AMC DINE-IN Signature Items.”

These include a Caprese Flatbread with “roasted tomatoes, parmesan and mozzarella cheeses and basil chiffonade,” an Asian Steak & Shrimp Bowl with “steak, jumbo shrimp, teriyaki stir-fried vegetables, almonds, green onions, ginger and cilantro atop a bed of sticky rice” and a Chipotle Chicken Melt with “herb-marinated grilled chicken, bacon, cheddar-jack cheese and chipotle mayo between warm

flatbread.”

Meals on the menu vary between \$11.99 and \$16.99.

The new theater also has a bar for those 21 or older.

“We have a bar at that particular location, and most other theaters do not serve alcoholic beverages,” the customer service representative said. In fact, it’s the only AMC theater in New Jersey listed on the AMC website as having a bar serving alcoholic beverages.

For those discouraged by high prices, AMC does offer a student discount. Any student with a valid student ID can earn a discount when purchasing tickets at the box office after 4 p.m. Additionally, the AMC Theatres website advertises \$5 Ticket Tuesdays to AMC Stubs members.

The new theater is located at 390 Hackensack Ave in Hackensack. More information can be found at amctheatres.com.

CAMPUS CORNER



CAMPUS CALENDAR

Oct. 5 - Graduate Information Session, Lobby, Dickinson Hall, 6–8 p.m., free, registration necessary, for registration and information go to <http://view2.fdu.edu/admissions/graduate-admissions/upcoming-admissions-events/graduate-information-session-registration/>.

Oct. 12 - “Is It Common Knowledge, or Should I Cite It?” Kathleen Stein-Smith, associate University librarian and director of public services, Giovatto Library; Auditorium, Giovatto Library, 2–3:30 p.m., free, for information email jawagner@fdu.edu, or go to <http://view2.fdu.edu/academics/university-college/school-of-humanities/metro-writing-studio/workshop-schedule/>, for FDU community only.

Oct. 12 - New Jersey Speakers Series, David Cameron, former prime minister of United Kingdom (2010–2016), presented by FDU and sponsored by New Jersey Performing Arts Center (NJPAC), WCBS Newsradio, nj.com affiliated with The Star-Ledger, Delta Dental of New Jersey, PNC Bank, TD Bank and Hollister Construction Services; NJPAC, Newark, N.J., 8 p.m., tickets sold by subscription (based on availability, subscriptions will continue to be sold on prorated basis throughout remainder of season), open seating (seats available on first-come, first-served basis), to order tickets call 1-888-696-5722 or go to <http://njspeakersseries.org/>.

Oct. 19 - “Democracy Under Threat,” with David Becker, executive director/founder, Center for Election Innovation & Research; David Donnelly, president/CEO, Every Voice; and Thomas Wolf, counsel

with democracy program, Brennan Center for Justice, presented by Network for Responsible Public Policy, co-sponsored by Fairleigh Dickinson University, League of Women Voters® of Northern Valley, Women for Progress and Ridgewood JOLT; Wilson Auditorium, Dickinson Hall, 7:30–9:30 p.m., doors open at 7 p.m., includes question-and-answer period, free, optional tax-deductible donation \$10 suggested, limited seating, preregistration necessary, for preregistration and information email info@nfrpp.org or go to <http://www.nfrpp.org>.

Oct. 21 - 9th Division I Athletic Hall of Fame Induction Ceremony, sponsored by Division I athletics; Clinton Inn Hotel & Event Center, Tenafly, N.J., reception 5:30 p.m., dinner/ceremony 6:30 p.m., \$125, \$100 previous inductees, RSVP necessary by 9 Mon., to RSVP and for information call 201-692-7004 or email tmeade@fdu.edu.

Oct. 24 - “Writing the Undergraduate Thesis,” Paul Caruso, University College and tutor, Metro Writing Studio; Metro Writing Studio, Second Floor, Giovatto Library, 6–7:30 p.m., free, for information email jawagner@fdu.edu, or go to <http://view2.fdu.edu/academics/university-college/school-of-humanities/metro-writing-studio/workshop-schedule/>, for FDU community only.

TEANECK TICKER

Oct. 7

- Puffin Camera Club: Session I
- 9 a.m.
- At Puffin Cultural Forum
- 20 Puffin Way, Teaneck NJ
- All formats. \$50 for 5 sessions either Sat. or Sun.
- Register: 201-836-3499 or tix@puffinfoundation.org

Oct. 12

- The Weeks / Dan Luke & the Raid
- \$12 GA / \$15 Reserved / \$17 Day Of
- Doors at 6 p.m. / Show at 8 p.m.
- Debonair Music Hall Teaneck, NJ
- From DMH website: High-energy, Rowdy, Raucous, Longhair Mississippi Glam Rock.
- That’s the sound of Easy, The Week’s long-awaited followup to their breakthrough album, Dear Bo Jackson.

Oct. 13

- Documentary Film - Hitchcock/Truffaut (Rated PG-13, 81 minutes)
- 10:30 a.m. – 12:00 p.m.
- Auditorium
- From Teaneck Public Library Website: Programs run from September through June. Admission is free. Open to all; no registration is necessary.
- Doors open at 10 a.m. Program begins promptly at 10:30 a.m. Programs include lecturers or films covering topics in the fields of art, music, science, literature, history, and travel.

Oct. 14

- Melvin Seals and JGB
- Debonair Music Hall, 1409 Queen Anne Rd., Teaneck, NJ

07666

- \$25 GA / \$30 Reserved
- 7 p.m. Doors / 9 p.m. Show
- From Debonair Music Hall’s Website: Melvin and JGB brings an intuitive, expressive style, soul, spontaneity and remarkable chops to the table. With acoustic and electric ingredients and unique combinations of Dave Hebert’s guitar and vocals, Pete Lavezzoli’s hearty drums and, of course, a heapin’ helpin’ of the wizard’s magic on Hammond B-3 Organ and keyboards.

Oct. 15

- From Teaneck Public Library Website:
- Alacorde Piano Trio, consisting of pianist Jacqueline Schiller-Audi, violinist Jee Sun Lee, and cellist Suji Kim, will perform a concert at the Teaneck Public Library (840 Teaneck Road, Teaneck, NJ 07666) on October 15, 2017, at 3:00 p.m. as part of the library’s Music on Sunday Afternoon series sponsored by the Friends of the Teaneck Library. The program includes works by Joseph Haydn, Felix Mendelssohn, and Israeli contemporary composer and pianist, Ilan Rechtman.

Oct. 22

- Beatriz at Dinner - 2017. 83 minutes. Rated R
- 2:00p.m. – 3:30 p.m.
- Auditorium
- TPL Website: All films begin at 2:00 PM. Doors open at 1:30. Refreshments are served prior to screening. Discussion follows each film. Admission is free. Children under 18 not permitted without a parent or guardian.

Movie Times: Teaneck Cinemas

Show times shown are courtesy of Teaneck Cinemas and are valid Friday, Oct. 6 - Thursday, Oct. 12

(Showtimes in parenthesis are matinees)



Blade Runner 2049 (R)
Fri - Sun: (12:30), (3:45), 7:00, 10:10
Mon - Thu: (1:00), (4:15), 7:30

The Mountain Between Us (PG-13)
Fri - Sun: (1:15), (4:15), 7:10, 9:45
Mon - Thu: (1:15), (4:00), 7:15

Battle of the Sexes (PG-13)
Fri - Sun: (1:30), (4:30), 7:30, 9:55
Mon - Thu: (1:45), (4:45), 7:45

The LEGO Ninjago Movie (PG)
Fri - Sun: (12:15), (2:30), (4:45)
Mon: (1:30), (3:40), (5:50)
Tue - Thu: (2:15 PM)

It (R)
Fri - Sun: 7:20, 10:10
Mon: 8:00 p.m.
Tue - Thu: 5:00, 8:00



Periodically Speaking: News from the Giovatto Library

KATHY STEIN-SMITH, PH.D, ASSOCIATE UNIVERSITY LIBRARIAN AND DIRECTOR OF PUBLIC SERVICES, GIOVATTO LIBRARY

EXTENDED MIDTERM LIBRARY HOURS

FRIDAY, OCT. 6 - OPEN UNTIL 8 P.M.
SATURDAY, OCT. 7 - OPEN UNTIL 7 P.M.
SUNDAY, OCT. 8 - OPEN 9 A.M.

A note from the librarians:

“Google can bring you back 100,000 answers, a librarian can bring you back the right one.” - Neil Gaiman

Did you know? – Library FAQs – Test Your Library Knowledge!

(1) That a librarian can help you find the best information, and find it fast?

(2) That your Giovatto librarians all have a master’s degree in librarianship and that some of them have additional advanced degrees?

(3) That a reference librarian is always scheduled whenever the Library is open?

(4) That you can chat with, or email, a Giovatto reference librarian through the Library web page?

(5) That we are here for you?

Upcoming Events @ the Library:

Giovatto Library Readers Circle Book Club – Monday, October 9, @ 1 p.m.

Getting to Know the FDU Online Library – Monday, October 9th, @ 8 p.m.; and Thursday, October 12, @ 9 p.m.

How to Recognize Fake News – Wednesday, October 11, @ 3 p.m.

Italian Language Table – Thursday, October 12, @ 1 p.m.

New Books This Week

111 Places in New York That You Must Not Miss
Becoming and Academic Writer: 50 Exercises for Paced, Productive, and Powerful Writing

The Bilingual Revolution: The Future of Education Is in Two Languages

Blood, Sweat, and Pixels: The Triumphant, Turbulent Stories behind How Video Games Are Made

Brand, Meet Story: How to Create Engaging Content to Win Business and Influence Your Audience

Cell Phone Location Evidence for Legal Professionals

Communication about Health

The Complete Guide to Fitness & Health

The Complexity of Greatness: Beyond Talent or Practice

Dr. Jordan Metzl’s Workout Prescription: 10, 20 & 30-Minute High-Intensity Interval Training Workouts for Every Fitness Level

Finish: Give Yourself the Gift of Done

Forensic and Investigative Accounting

Gorbachev: His Life and Times

Guinness World Records, 2018

Hands-On Machine Learning with Scikit-Learn and Tensorflow

iGen: Why Today’s Super-Connected Kids Are Growing Up Less Rebellious, More Tolerant, Less Happy and Completely Unprepared for Adulthood

It, A Novel

Life 3.0: Being Human in the Age of Artificial Intelligence

New Ways of Seeing: How Multilingualism Opens Our Eyes and Trains Our Minds for a Complex World

GIOVATTO LIBRARY CONTACT INFORMATION

REFERENCE – EXT. 2100

CIRCULATION DESK – EXT. 2279

PERIODICALS – EXT. 2289

ADMINISTRATIVE OFFICE – EXT. 2278 WEB
-- <http://view2.fdu.edu/metropolitan-campus/libraries/giovatto-library/>

EMAIL -- <http://view2.fdu.edu/metropolitan-campus/libraries/giovatto-library/email-an-fdu-librarian/>

CHAT -- <http://view2.fdu.edu/metropolitan-campus/libraries/giovatto-library/chat-with-a-giovatto-librarian/>

Operating Model Canvas: Aligning Operations and Organization with Strategy

Principles: Life and Work

The TB12 Method: How to Achieve a Lifetime of Sustained Peak Performance

Unstoppable: My Life So Far (Maria Sharapova)

We Rise: The Earth Guardians Guide to Building a Movement That Restores the Planet

New DVDs This Week

The Big Bang Theory, season 10

The Circle

The Vietnam War

Wonder Woman

FROM THE DESK OF DAVID MILES



Director of Public Safety,
David Miles

Alcohol Use, Safety and University Policy

Too many times, we see incidents that have occurred on campus that are alcohol-related and students die.

The latest is the tragedy at Penn State where a fraternity member, after a night of excessive drinking, fell down a flight of stairs. No one called for help until almost 12 hours later.

My reason for this article is to not to tell you to not drink alcohol. That is a choice that each individual has to make for themselves. This article is to remind everyone that if you do drink, you should be responsible and not drink in excess. To drink to the point where you are unable to make any decisions or remember what happened is never a situation you want to put yourself in.

Since the legal drinking age in New Jersey is 21, this campus decided a number of years ago that it would have dry Residence Halls. This means that no one, including those over the age of 21, is allowed to have alcohol in the Residence Halls.

It is too often that we see many young lives tragically end because of alcohol.

Individuals sometimes drink to excess, mix alcohol with other items or decide to drink and drive.

My message is a simple one: if you choose to drink, you should be responsible and realize that the choices you make could end up being tragic.

As the person responsible for the safety of all individuals on the campus, I want you to imagine what parents and campus administrators feel after receiving the call that a child and student died.

This is a call that no one should have to receive.

Please remember to like the Department of Public Safety on Facebook at FDU Metro Department of Public Safety or follow us on Twitter @FDUMetroPS.

If at any time you have any concerns or questions regarding any crime prevention information or general information on Public Safety, please do not hesitate to contact me.

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SPORTS



Knights Pull Out Overtime Win Over Bucknell

By DUSTIN NILES
Layout & Design Editor

The men’s soccer team pulled out a dramatic overtime win over Bucknell on Sept. 27, coming back from a 2-0 deficit to win 3-2. The deciding goal was scored by junior forward Fredinho Mompremier in the 91st minute off an assist by Diego Arribas.

The Knights showed considerable presence on the field the whole game, keeping the ball in the attacking third for most of the game. Each time Bucknell got into Knights territory, they seemed to score.

The first goal came in the 14th minute from sophomore midfielder Bernie Wright, assisted by freshman midfielder Matt Thorsheim. It was Wright’s first of the season. This shot was preceded by two missed shots by sophomore midfielder

Patrick Mahoney. The second goal came in the 52nd minute from Bucknell’s sophomore midfielder Nick King, assisted by senior forward Ben Derleth. It was King’s third of the season. As Bucknell went up 2-0 in a game that seemed to feature a Bison offense that scored consistently after it crosses the middle line, the chances of an FDU comeback seemed slim.

Though FDU did a great job of keeping the ball on the attacking side of the pitch, they did not have as much luck getting it in the goal. That changed in the 64th minute.

Junior forward Ahu Obhakhan scored FDU’s first goal of the match then, assisted by freshman forward Diego Arribas. It was his fifth on the season. Even though FDU struck back to make it a one score game, it still seemed unlikely they could

pull it out given the Bison’s opportunistic offensive performance.

But FDU kept the crowd on the edges of their seats. It wasn’t until the 86th minute that sophomore midfielder Daniel Lasarte scored his second goal of the season, assisted by Arribas. Fredinho Mompremier added to the suspense in the 87th minute with missed shot wide left. After a missed shot by senior midfielder Dan Bank, it was headed to overtime, which wasn’t long.

After just a minute and ten seconds working the ball into Bucknell territory, Arribas assisted on his third goal of the game, getting the ball to Mompremier, who sunk it into the goal. After one of the more intense games of the year, the crowd deservedly went wild.

Sophomore Sebastian Ferriera started at goalkeeper for FDU, allowing one goal



DUSTIN NILES/THE EQUINOX

The men’s soccer team swarms Fredinho Mompremier after his OT goal against Bucknell.

during his time in the first half. Freshman Tiago Capela came in at halftime to relieve Ferriera, playing the second half and overtime. Each goalkeeper allowed one of Bucknell’s two goals, and Capela made two saves in the second half to keep the game within reach.

The men’s soccer team begins NEC play on Friday at Bryant. They’ve put together

a 6-2-1 record this season, and have been great on the road, with a 3-0-1 record. The Bulldogs limp into the match without a win yet this season, posting an 0-7-1 record thus far, earning that tie in their last game at Hartwick.

The Knights will be back in action at home just two days later on Oct. 8 against St. Francis Brooklyn at 7 p.m.

Long Jumper Has National Goals

By JULIAN BELL
Sports Writer

FDU junior long jumper and sprinter Sarakaye Freeman knows something about winning.

“My number one goal this season is to make it to Nationals,” Freeman said. “I want to place in the top six.”

Freeman was named the Most Outstanding Performer in Jumps back at the Northeast Conference Championship in March when she narrowly out-jumped Natalia Hinton of Mount St. Mary’s by a 1/4-inch. She also placed fourth in the triple jump as a sophomore, a month earlier.

Freeman won despite competing with an injury.

“I was competing off a strained hamstring,” she said.

Freeman has been a star since her freshman year. She was named Most Outstanding Rookie Performer, in the top eight of nine events in the long and triple jump. She also placed fifth in the triple jump at the Fastrack Last Chance in her first year and placed



LARRY LEVANTI/FDU KNIGHTS

second in the long jump at the NEC Championships and third in the triple, earning her a spot on the NEC All-Rookie Team.

Freeman said her success is about mental toughness.

“Competing in high school, compared to competing in college, are two completely different scenarios,” Freeman said. “There are different types of emotions, mindsets, and everything. When you compete in college it is legit. There is more of a mental battle than physical because

if you walk in and look defeated, it doesn’t matter if you’re better than everyone else. If you’re mindset is messed up, you already lost.”

Freeman excelled in track and field early on in her high school career, when she competed in the 4x200 and 4x400 relays, along with her specialties, the long and triple jumps.

Despite her talent, college was a whole new level.

“In high school for me, it was more fun,” Freeman said. “I didn’t really think or care about other people, but when I got to college, it was more like business when you went to compete. The only adjustment I really had to make when I came to FDU was to my technique and basically everything I knew about jumping. I had to change it and conform to my new coaches’ teaching ways.”

Freeman caught on quickly and has since made her mark in the record books. “It didn’t take me long,” Freeman said. “I won my first collegiate competition (in) my sophomore year of

indoor season. I received first place in the NEC Champs for women’s long jump, along with the award for Most Outstanding Female Field Athlete.”

Last season, she finished seventh in the long jump at the NEC Championships and achieved a personal best of 11.10 meters in the triple jump in March. She also placed fifth at the Wagner Invitational and sixth at the Fordham Season Opener in long jump. Her most recent performances include a personal best for three different events. She ran the 100m in 13.73 seconds,

finished with a 27.53 in the 200m, and 1:02.37 in the 400m, when she finished 23rd at Towson.

Freeman’s confidence comes from her early years of experience, which might help land her on the podium again this year.

“I started when I was in elementary school, when I was 12 or 13,” Freeman said. “My first competition was a fun experience. In my mind, I felt like I was faster than all of the girls there. So when it came to the race, I wasn’t nervous at all and I ended up doing really well.”

‘When you compete in college it is legit. There is more of a mental battle than physical because if you walk in and look defeated, it doesn’t matter if you’re better than everyone else. If you’re mindset is messed up, you already lost.’
- Sarakaye Freeman

Physical Game Ends in Victory for the Knights

By **ADMIR DURAKOVIC**
Staff Writer

The women’s soccer team came out on top of a physical contest on Sept. 29, winning 1-0 against the Central Connecticut Blue Devils. The result improved the teams overall record to 3-7-1 and started their NEC campaign with a 1-0 record. Overall, Central Connecticut fell to 4-6 and 0-1 in the NEC.

The Knights dominated the first half, keeping the ball in either in the central or attacking third. They applied most of the pressure with a series of shots from outside the box. Sophomore midfielder Stasi Torchia started the half with two first shots from outside the box, the first of which was fired high over the goal. Torchia came close to scoring ten minutes into the first half when her second shot from outside the box was tipped over by CCSU junior goalkeeper Ashley Cavanaugh.

FDU came close to scoring once more when a free kick from senior midfielder Dara Battistoni forced another save from the CCSU keeper. CCSU responded two minutes later with a shot from outside the 18-yard box, but sophomore keeper Amanda Fitzgerald was able to match the shot with her only save of the first half. Fitzgerald put in an impressive display in goal, coming away with a total of five saves, and was effective in stopping crosses and distributing the ball to start counter attacks.

With nine minutes remaining the Knights put together an impressive counter-attack play to open



FDUKNIGHTS.COM

Freshman midfielder Sofia Albertsson scored the only goal in the women’s soccer team win over CCSU on Sept. 29.

the scoring. After Knight’s keeper Fitzgerald claimed a cross she distributed the ball down the right flank of the field. A couple of quick passes led to freshman midfielder Viktorija Misljic receiving the ball near the center of the pitch. Miseljic was able to quickly turn and switch the ball over to the left-hand side of the field with a long pass finding its way to senior midfielder Jessi Reinhardt. Reinhardt whipped in a cross toward the back post, over the CCSU goalkeeper, and found freshman forward/ midfielder Sofia Albertsson, who headed home her fifth goal of the season.

Knights head coach Eric

Teepe described his team’s first half performance as, “our best half of the year.” The Knights controlled the first half getting the ball into wide areas of the opponents final third easily for a majority of the period. The Knights delivered a total of nine crosses into the box, much to the pleasure of Coach Teepe.

“We are always working on playing the ball wide to create chances,” Teepe said. “We have one of the biggest fields in the conference and we can turn that into a real advantage for us.”

Both periods of the game were a highly physical contest, but the Knights proved to be up to the challenge, winning a

majority of 50/50 challenges throughout both periods. The second best chance for the Knights came 70 minutes into the game and featured a similar style of build-up play compared to their goal in the first half. FDU keeper Fitzgerald collected another deep long ball in her box and launched the ball down the right-hand side of the field where it eventually found its way to Reinhardt on the left wing. Reinhardt sent in a low cross which eventually found its way to Torchia near the edge of the box, whose shot hit the frame of the goal and bounced back into play. Knights sophomore Daria Jones was able to collect

the rebound and fire a shot, but was blocked by a CCSU defender.

Reinhardt was the target of two harsh challenges from two different CCSU players, both of which resulted in a yellow card. The first challenge came in the 76 minute from CCSU junior Danielle Pearce and her two-legged slide tackle on Reinhardt, who was able to continue playing despite the challenge. The second tackle focused on Reinhardt came two minutes later which unfortunately ended her night early. A harsh tackle from CCSU sophomore Shauny Alterisio earned her the second yellow of the match and forced Reinhardt into signaling the bench for a sub. Despite being subbed off because of an injury, Reinhardt was able to walk off the field.

Coach Teepe praised Reinhardt’s performance after the game.

“She missed 5 games already this season and she’s one of our best players,” Tepe said. “So of course we’d like for her to play a full 90 minutes. If there is a silver lining, it’s that when she does miss a game it gives other players a chance to play and for the team to build confidence to be able to play without her, so that when she does get back its a boost for the team.”

Other key performers coach Teepe singled out when asked were #19 Sofia Albertsson and #15 Stasi Torchia.

THE SCORE

MEN’S SOCCER

9/19	v. RIDER	L	2 - 1
9/23	v. PRINCETON	L	2 - 0
9/27	v. BUCKNELL	W	3 - 2

WOMEN’S SOCCER

9/24	v. CORNELL	T	0 - 0
9/29	v. CNTRL. CT. STATEW		3 - 2

WOMEN’S CROSS COUNTRY

9/23	CCSU TED OWEN INVADATIONAL	8th
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MEN’S CROSS COUNTRY

9/23	CCSU TED OWEN INVADATIONAL	7th
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